



#### April 6, 2025 Sunday

### Daily Menu

SOUP

**CREAM OF PUMPKIN SOUP** 19 calories \*soup for pre-order only (Pumpkin, Salt, Pepper, Garlic, Onion, Flour, Butter, Veg. Stock)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH OPTION 1

**SALISBURY STEAK WITH MUSHROOM GRAVY** 200 calories (Beef Keema, Onion, Parsley, Garlic, Mushroom, Demi glace Sauce, Cream, Pepper)

MAIN DISH OPTION 2

**CHICKEN CASSEROLE** 158 calories

(Chicken, Tomato, Tomato paste, Onion, Garlic, Oregano, Parsley, Basil, Mozarella cheese)

WHITE RICE 136 calories (Basmati Rice, Salt, Corn Oil)

SIDE DISH

**POTATO GRATIN** 137 calories

(Potato, Butter, Onion, Garlic, Thyme, White Sauce, Cream, Mozzarella cheese, Parmesan Cheese, Salt, Pepper)

VEGETARIAN

PANEER BUTTER MASALA 238 calories

(Paneer, Onion, Butter, Tomato, Bay Leaves, Turmeric Powder, Chilly Powder, Coriander Powder, Cumin Powder, Ginger Garlic Paste, Garam Masala, Salt, Cream, Kasuri Methi, Coriander Leaves)

**PASTA** 

**SPAGHETTI BOLOGNESE** 317 calories

(Spaghetti, Minced Beef, Onion, Garlic, Salt, Pepper, Celery)

1 SMALL PORTION QAR 19.00











#### April 7, 2025 Monday

## **Daily** Menu

SOUP

**CREAM OF ASPARAGUS SOUP** 49 calories \*soup for pre-order only (Asparagus, Butter, Onion, Garlic, Celery, Cream, Corn Flour, Vegetable Stock)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

#### **BUFFET STYLE**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

#### MAIN DISH

#### **ROAST CHICKEN** 187 calories

(Chicken, Mustard Paste, Ginger garlic Paste, Tomato Ketchup, Tomato Paste, Corn Oil, Salt, Potato, Onion, Garam Masala)

#### **VEGETABLE FRIED RICE** 123 calories

(Rice, Onion, Garlic, Oil, Carrot, Cabbage, Capsicum, Soy Sauce, Salt, Pepper, Spring onion, Green Beans)

SIDE DISH

#### **STEAMED VEGETABLE 28 calories**

(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

#### **EGGPLANT PARMIGIANA** 43 calories change

(Eggplant, Indian Spices, Parsley , Mozzarella Cheese, Parmesan Cheese, Red sauce, White Sauce, Salt, Pepper)

**PASTA** 

#### **CHICKEN ARRABIATA** 209 calories

(Chicken, Cream, Red Sauce, Mozzarella Cheese, Salt, Pepper, Onion, Garlic)

1 SMALL PORTION QAR 19.00











#### April 8, 2025 Tuesday

## **Daily** Menu

SOUP

**CREAM OF BROCCOLI SOUP** 50 calories \*soup for pre-order only (Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

#### **CHICKEN MONGOLIAN** 208 calories

(Chicken, Salt, Pepper, Soy Sauce, Onion, Garlic, Oil, Ginger, Dry Red chilly, Bell Pepper, Spring onion, Brown Sugar, Oyster Sauce, Corn Flour

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

#### **GRILLED VEGETABLE** 73 calories

(Carrot, Capsicum, marrow, White onion, soya sauce, Balsamic sauce, salt, Pepper, oil)

**VEGETARIAN** 

#### **SPAGHETTI MIXED SAUCE** 219 calories

(Spaghetti Pasta, Onion, Garlic, Celery, Cream, Oregano, White sauce, Red sauce, Tomato Paste, parmesan cheese, Parsley, Olive Oil, Butter, salt, Pepper)

**PASTA** 

#### **SPAGHETTI MIXED SAUCE WITH CHICKEN 269 calories**

(Spaghetti, Chicken, Olive oil, Tomato sauce, White Sauce, Cream, Onion, Garlic, Celery, Oregano, Parmesan Cheese, Parsley, Basil Leaves)

1 SMALL PORTION QAR 19.00









#### April 9, 2025 Wednesday

## **Daily** Menu

SOUP

CREAM OF BROCCOLI SOUP 50 calories \*soup for pre-order only

(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL **QAR 7.75** 

2 BIG BOWL **QAR 14.00** 



**1** SMALL PORTION **QAR 20.00** 

2 BIG PORTION **QAR 24.00** 

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH **OPTION 1** 

**CHICKEN AU GRATIN 185 calories** 

(Chicken, Butter, Onion, Garlic, Mushroom, Sweet Corn, Celery, Oregano, White Sauce, Cream, Carrot, Green Beans, Salt, Pepper, Cheddar Cheese, Mozzarella Cheese, Thyme, Parsley)

MAIN DISH **OPTION 2** 

**GRILLED FISH IN LEMON BUTTER SAUCE 269 calories** 

(Fish, Oil, Butter, Garlic, Salt, Pepper, Lemon Juice, Parsley, Sugar, Flour)

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

**STEAMED VEGETABLE** 28 calories

(Cauliflower, Broccoli, marrow, carrot, salt, pepper)

**VEGETARIAN** 

**DAL MAHKNI** 218 calories

(Kidney beans, Green Lentil, Butter, Ginger Garlic Paste, Onion, Tomato Puree, salt, Chilly Powder, Garam Masala Powder, Cumin powder, Turmeric Powder, Cream, Fenugreek Leaves)

**PASTA** 

**SPAGHETTI BOLOGNESE** 317 calories

(Spaghetti, Minced Beef, Onion, Garlic, Salt, Pepper, Celery)

**1** SMALL PORTION **QAR 19.00** 











#### April 10, 2025 Thursday

### **Daily** Menu

SOUP

MINISTRONE SOUP 26 calories \*soup for pre-order only

(Tomato paste, Pasta, Carrot, Potato, Leeks, celery, salt, Pepper, Onion, Veg. stock)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



#### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

**CHICKEN KABSA** 209 calories

(Chicken, Ghee, Bay Leaves, Cardomom, Cloves, Cinnamon stick, Onion, Dry Lemon, Ginger garlic paste, Tomato puree, Tomato Paste, Kabsa masala powder, Rice, Green chilly, salt)

SIDE DISH

**BUTTERED VEGETABLE** 62 calories

(Carrot, Zucchini, Broccoli, Cauliflower, Butter, Salt, Pepper)

**VEGETARIAN** 

**POTATO CURRY** 91 calories

(Potato, Ginger, Garlic, Indian Spices, Onion, Tomato, salt, Pepper)

**PASTA** 

**ARRABIATTA PASTA** 234 calories

(Pasta, Olive oil, Garlic, Onion, Tomato sauce, Oregano, Basil Leaves, Chilly Flakes, Parmesan Cheese, Salt, Pepper)

1 SMALL PORTION QAR 19.00











#### April 13, 2025 Sunday

## **Daily** Menu

SOUP

**CREAM OF PUMPKIN SOUP** 19 calories \*soup for pre-order only (Pumpkin, Salt, Pepper, Garlic, Onion, Flour, Butter, Veg.Stock)

1 SMALL BOWL QAR 7.75

2 BIG BOWL OAR 14.00

#### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

## MAIN DISH OPTION 1

#### **BEEF FAJITA 186 calories**

(Beef, Ginger garlic Paste, Olive oil, Tomato Sauce, Bell Pepper, White Onion, oregano, Chilly Powder, Cumin Powder, Coriander Powder, Coriander Leaves, Salt, Pepper)

#### MAIN DISH OPTION 2

#### **CHICKEN PARMIGIANA 207 calories**

(Chicken, Butter, Garlic, Onion, Red sauce, White Sauce, Cooking Cream, Thyme, Parsely, Salt, Black pepper, Parmesan Cheese, Mozzarella cheese)

#### **MEXICAN RICE** 155 calories

(Rice, Corn Oil, Onion, Fresh Tomato, Oregano, Cumin Powder, Pepper, Garlic, Chilly Powder, Tomato ketchup, Sweet Corn, Capsicum, Jalapeno, Red Kidney Beans, Salt, Coriander leaves)

#### SIDE DISH

#### **BUTTERED SWEETCORN** 190 calories

(Butter, Sweet Corn, Salt, Black Pepper)

#### **VEGETARIAN**

#### **VEGETABLE GOULASH** 41 calories

(Carrot, Potato, Celery, Onion, Tomato Paste, Tomato sauce, Oregano, Garlic, Cauliflower, Salt, Pepper, Ginger)

#### **PASTA**

#### **BAKED BOLOGNESE RIGATONI 285 calories**

(Pasta, Minced beef, Tomato paste, Tomato sauce, Garlic, olive Oil, sugar, Pepper, Oregano, Parsely, Cheese, salt)

1 SMALL PORTION QAR 19.00









#### April 14, 2025 Monday

## **Daily** Menu

SOUP

**LENTIL SOUP** 256 calories \*soup for pre-order only (Red lentil, Onion, Garlic, Oil, Carrot, Parseley, Salt, Pepper, Turmeric Powder)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

#### **BUFFET STYLE (PASTA DAY)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

**BUTTERED CHICKEN 176 calories** 

(Chicken, Onion, Tomato, Butter, Garam masala, Chat masala, Honey, Cumin powder, Chilli powder, Kasturi Methi, Tomato Puree, Cinnamon Stick, Bay leaves, Cardamon, Cream, Salt, Pepper, Yoghurt)

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

**ROAST VEGETABLE 146 calories** 

(Potato, Carrot, Bell pepper, Sweet Potato, Pumpkin, Butter, Olive Oil, Salt, Pepper, Parsley)

**VEGETARIAN** 

**VEGETABLE AU GRATIN** 123 calories

(Butter, Onion, Garlic, Celery, White Sauce, Cream, Black pepper, Carrot, Cauliflower, Broccoli, Parsley, Oregano, Cheddar cheese, Mozzarella Cheese, Nut Meg)

**PASTA** 

**CHICKEN CARBONARA** 237 calories

(Pasta, Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper)

1 SMALL PORTION QAR 19.00









#### April 15, 2025 Tuesday

## **Daily** Menu

SOUP

MEXICAN BEANS SOUP 62 calories \*soup for pre-order only

(Red Beans, White Beans, Kidney Beans, sweet Beans, Carrot, marrow, Leeks, Veg stock, Potato, Salt,

Pepper)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

#### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

**CHICKEN BBQ** 191 calories

(Chicken, Onion, Garlic, BBQ Sauce, Salt, Pepper, soya sauce, Sugar, Tomato ketchup, Spring Onion)

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

**ROASTED CAULIFLOWER** 112 calories

(Cauliflower, Olive oil, Paprika powder, Salt, Pepper, Garlic powder, Parsley)

**VEGETARIAN** 

**VEGETABLE LASAGNA** 188 calories

 $(Lasagna\ Sheet,\ Celery,\ Capsicum,\ Marrow,\ Cheddar\ cheese,\ Mozzarella\ cheese,\ Salt,\ Pepper,\ onion,$ 

Garlic, Egg plant, Sweet corn)

**PASTA** 

**MEAT LASAGNA** 160 calories

(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce,

Onion, Garlic, Salt, Pepper, Celery)

1 SMALL PORTION QAR 19.00









#### April 16, 2025 Wednesday

## Daily Menu

SOUP

**EGGDROP SOUP** 21 calories \*soup for pre-order only (Eggs, Sweet Corn, Veg stock, Carrot, Leeks, Salt, Pepper, Garlic, Onion, corn flour, spring Onion)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH OPTION 1 **CHICKEN PARMIGIANA** 207 calories

(Chicken, Butter, Garlic, Onion, Red sauce, White Sauce, Cooking Cream, Thyme, Parsely, Salt, Black pepper, Parmesan Cheese, Mozzarella cheese)

MAIN DISH OPTION 2

HERB GRILLED FISH 198 calories

(Fish, Salt, Pepper, Oil, Parsley, Lemon Juice, Garlic, Thyme, Oregano)

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

**SAUTEED VEGETABLE** 107 calories

(Butter, Olive Oil, Garlic, Carrot, Cauliflower, Green Beans, Salt, Black Pepper Powder, Oregano, Pars-

ley)

**VEGETARIAN** 

**BAKED VEGETABLE** 99 calories

(Carrot, Broccoli, Zucchini, Cauliflower, Butter, Onion, Garlic, White Sauce, Cooking Cream, Salt, Black

pepper, Oregano, Parsely, Mozzarella Cheese, Parmesan Cheese)

**PASTA** 

CREAMY BROCCOLI PASTA 144 calories

(Penne Pasta, Butter, Onion, Garlic, Celery, Oregano, Broccoli, Cream,

White Sauce, Salt, Pepper, Parmigiana Cheese, Parsley)

1 SMALL PORTION QAR 19.00











#### April 17, 2025 Thursday

## **Daily** Menu

SOUP

**VEGETABLE SWEETCORN SOUP** 56 calories \*soup for pre-order only

(Chicken, Sweet Corn, Onion, Garlic, Salt, Pepper, vegetable stock, Corn Flour)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

**CHICKEN FAJITA 227 calories** 

(Chicken, Capsicum, Onion, Garlic, Coriander Leaves, Coriander powder, Cumin, Chilli Powder, Olive oil, Garlic Paste, Salt, Pepper, Red Sauce)

**TOMATO RICE** 121 calories

(Rice, Tomato, Onion, Oil, Cinnamon stick, Bay leaves, Cardamon, Cloves, Salt)

SIDE DISH

**BUTTERED SWEETCORN** 190 calories

(Butter, Sweet Corn, Salt, Black Pepper)

**VEGETARIAN** 

**VEGETABLE FAJITA 98 calories** 

(White Onion, BellPeppers, Baby corns, Zucchini, Paneer, Tomato sauce, Coriander Leaves, Salt, Pepper, Chilli Powder, Cumin powder, Coriander powder, Oregano)

**PASTA** 

**CHICKEN SPAGHETTI** 232 calories

(Chicken, Olive oil, Onion, Garlic, sapghetti Pasta, Carrot, capsicum, Tomato sauce, Tomato paste, salt, Pepper, Parsley, Cabbage, Chilly Flakes, Tomato Ketchup)

1 SMALL PORTION QAR 19.00









#### April 20, 2025 Sunday

## **Daily Menu**

SOUP

**VEGETABLE SWEETCORN SOUP** 56 calories \*soup for pre-order only (Chicken, Sweet Corn, Onion, Garlic, Salt, Pepper, vegetable stock, Corn Flour)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH OPTION 1 **BEEF STEW** 162 calories

(Beef, Potato, Onion, Garlic, Salt, Pepper, Ginger, Celery, Bay Leaves, Tomato Paste, Demi Glace, Carrot)

MAIN DISH OPTION 2

**CHICKEN WITH PEPPER SAUCE 237 calories** 

(Chicken, Butter, Onion, Garlic, Thyme, Demi Glace sauce, Cream, Black Pepper, Celery, Parsley

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

**ROASTED POTATO 87 calories** 

(Potato, Garlic, Butter, Herbs, Basil, Salt, Pepper)

**VEGETARIAN** 

**GRILLED VEGETABLE WITH MOZZARELLA CHEESE** 132 calories

(White Onion, Capsicum, Zucchini, Olive oil, Garlic, Balsamic Vinegar, Salt, Black Pepper, powder, Tomato sauce, White sauce, Oregano, Cooking cream, Mozzarella cheese, Basil leaves, Parsley)

**PASTA** 

**SPAGHETTI WITH MEATBALLS** 234 calories

(Pasta, Olive Oil, Onion, Garlic, Red Sauce, Tomato Paste, Oregano, Meat Balls, Salt, Pepper, Parmesan

Cheese, Celery, Sugar)

1 SMALL PORTION QAR 19.00









#### April 21, 2025 Monday

## **Daily** Menu

SOUP

FRENCH ONION SOUP 45 calories \*soup for pre-order only

(Onion, white Vinegar, Soya sauce, Salt, Garlic, Pepper, Ginger)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

**BUFFET STYLE (MAIN COURSE)** 

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

**CHICKEN TIKKA MASALA** 185 calories

(Chicken, Ginger Garlic Paste, Yoghurt, Oil, Onion, Tomato Puree, Lemon Luice, All Masala, Tikka masala, Cooking Cream, Fenugreek Leaves, Salt)

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

**GRILLED VEGETABLE** 73 calories

(Carrot, Capsicum, marrow, White onion, soya sauce, Balsamic sauce, salt, Pepper, oil)

VEGETARIAN

STIR FRY VEGETABLE 72 calories

(Carrot, Capsicum, Cabbage, Zucchini, White Onion, Garlic, Ginger, Soya sauce, Oyster Sauce, Corn flour, Salt, Pepper, Vegetable cube, Oil)

**PASTA** 

**CHERRY TOMATO SAUCE PASTA** 216 calories

(Pasta, Butter, Olive Oil, Onion, Garlic, Cherry Tomato, Tomato sauce, White sauce, Cooking Cream, Oregano, Salt, Black pepper, Parsely, Parmesan cheese, Basil Leaves)

1 SMALL PORTION QAR 19.00









#### April 22, 2025 Tuesday

## **Daily** Menu

SOUP

MEXICAN BEANS SOUP 62 calories \*soup for pre-order only

(Red Beans, White Beans, Kidney Beans, sweet Beans, Carrot, marrow, Leeks, Veg stock,

Potato, Salt, Pepper)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

**BEEF STIR FRY** 335 calories

(Pasta, Carrot, Beans, Capsicum, Butter, Milk, Cream, Parmesan Cheese, Onion, Garlic)

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

**BUTTERED VEGETABLE** 62 calories

(Carrot, Zucchini, Broccoli, Cauliflower, Butter, Salt, Pepper)

**VEGETARIAN** 

MAC N' CHEESE 339 calories

 $({\sf Macaroni, Oregano, Salt, Pepper, Mozzarella Cheese, Parmesan Cheese, Garlic,\ Onion, Cheddar) and {\sf Cheese, Cheese, Cheese} and {\sf Che$ 

Cheese)

**PASTA** 

MAC N' CHEESE WITH MEAT 286 calories

(Macaroni pasta, Butter, onion, Garlic, Celery, Oregano, White sauce, Cream, Parsley, Mozzarella

Cheese, Cheddar cheese, Parmesan cheese, Salt, Pepper, Meat)

1 SMALL PORTION QAR 19.00









#### April 23, 2025 Wednesday

## **Daily** Menu

SOUP

**CREAM OF CORN SOUP** 110 calories \*soup for pre-order only (Corn, Cream, flour, Butter, Veg. stock, Salt, Pepper, Garlic, Onion)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH OPTION 1 **CHICKEN IN LEMON BUTTER SAUCE 244 calories** 

(Chicken, Lemon, Butter Garlic, Pepper, Parsley, Chicken Stock, Salt)

MAIN DISH OPTION 2

FISH IN DILL CREAMY SAUCE 191 calories

(Fish, Butter, Onion, Garlic, Dil Leaves, Bay leaves, Black Pepper, Salt, Lemon juice, Cream, Flour)

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

**STEAMED VEGETABLE 28 calories** 

(Cauliflower, Broccoli, marrow, carrot, salt, pepper)

VEGETARIAN

**PUMPKIN CURRY** 94 calories

(Pumpkin, Onion, Tomato, Ginger garlic paste, Corn Oil, Coriander Leaves, Salt, Bay Leaves, Chilly

Powder, Cumin Powder, Coriander powder, Garam masala)

**PASTA** 

**CHICKEN PENNE ARABBIATA** 91 calories

(Penne, Tomato paste, Basil, Peeled Tomato, Parsley, capsicum, Eggplant, Red sauce, chicken)

1 SMALL PORTION QAR 19.00











#### April 24, 2025 Thursday

## Daily Menu

SOUP

**CREAM OF CHICKEN SOUP** 98 calories \*soup for pre-order only (Cream, Chicken, Chicken Stock, Salt, Pepper, Butter, Flour)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

**CHICKEN SWEET AND SOUR** 156 calories

(Chicken, Capsicum, Onion, Garlic, Pineapple, Sweet n' sour Sauce, Ketchup, Oil, Corn Flour)

**VEGETABLE FRIED RICE** 123 calories

(Rice, Onion, Garlic, Oil, Carrot, Cabbage, Capsicum, Soy Sauce, Salt, Pepper, Spring onion, Green Beans)

SIDE DISH

**SAUTEED VEGETABLE** 107 calories

(Butter, Olive Oil, Garlic, Carrot, Cauliflower, Green Beans, Salt, Black Pepper Powder, Oregano, Pars-

ley)

**VEGETARIAN** 

**CHOPSEUY** 107 calories

(Corn oil, Garlic, white onion, Red capsicum, White Capsicum, Yellow capsicum, Cabbage, Broccoli,

Cauliflower, Soya Sauce, Oyster Sauce, Black pepper, Corn flour, Celery)

**PASTA** 

**CHICKEN PRIMAVERA PASTA 138 calories** 

(Chicken, Butter, flour, Onion, Garlic, Milk, Fresh Cream, Pasta, Carrot, Zucchini, Capsicum, Parme-

san, Parsley)

1 SMALL PORTION QAR 19.00











#### April 27, 2025 Sunday

## **Daily** Menu

SOUP

MINESTRONE SOUP 26 calories \*soup for pre-order only

(Tomato paste, Pasta, Carrot, Potato, Leeks, celery, salt, Pepper, Onion, Veg. stock)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH OPTION 1 **BEEF STRIPS WITH MUSHROOM SAUCE** 225 calories

(Beef, Ginger Garlic paste, Onion, Butter, Celery, Mushroom, RoseMary, Demi Glace Powder, Cream, Black pepper Powder)

MAIN DISH OPTION 2

**ROAST CHICKEN 187 calories** 

(Chicken, Mustard Paste, Ginger garlic Paste, Tomato Ketchup, Tomato Paste, Corn Oil, Salt, Potato,

Onion, Garam Masala)

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

**LAYONNAISE POTATO** 119 calories

(Potato, White Onion, Olive Oil, Butter, Salt, Pepper, Oregano, Parsley)

**VEGETARIAN** 

**BAMIA** 26 calories

(Lady Finger, Ginger, Garlic, Peeled Tomato, White Onion, Salt, Tomato paste)

**PASTA** 

**CHERRY TOMATO SAUCE PASTA 216 calories** 

(Pasta, Butter, Olive Oil, Onion, Garlic, Cherry Tomato, Tomato sauce, White sauce, Cooking Cream, Oregano, Salt, Black pepper, Parsely, Parmesan cheese, Basil Leaves)

1 SMALL PORTION QAR 19.00









#### April 28, 2025 Monday

## Daily Menu

SOUP

**CREAM OF CHICKEN SOUP** 98 calories \*soup for pre-order only (Cream, Chicken, Chicken Stock, Salt, Pepper, Butter, Flour)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

#### **CHICKEN CASSEROLE** 158 calories

(Chicken, Tomato, Tomato paste, Onion, Garlic, Oregano, Parsley, Basil, Mozzarella cheese)

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

#### **GRILLED VEGETABLE** 73 calories

(Carrot, Capsicum, marrow, White onion, soya sauce, Balsamic sauce, salt, Pepper, oil)

**VEGETARIAN** 

#### **ZUCCHINI BAKED CASSEROLE** 62 calories

(Zucchini, Olive Oil, Onion, Garlic, Oregano, parsely, Tomato Sauce, Mozzarella cheese, Black Pepper,

Salt)

**PASTA** 

#### **CHICKEN AND MUSHROOM PASTA 139 calories**

(Chicken, Farfelle Pasta, Mushroom, Butter, Flour, Onion, Garlic, Salt, Pepper, Milk, Fresh Cream)

1 SMALL PORTION QAR 19.00











#### April 29, 2025 Tuesday

## **Daily** Menu

SOUP

CHICKEN MANCHOW SOUP 177 calories \*soup for pre-order only

(Chicken, Oil, Garlic, Ginger, Celery, Cabbage, Carrot, Capsicum, Soy Sauce, Coriander leaves, Lemon, White Pepper Powder, Green chilly, Salt, Corn flour, Fry Noodles, Egg)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

**CHICKEN STROGANOFF** 184 calories

(Chicken, Butter, White onion, Garlic, Celery, Bell Peppers, Demi Glace sauce, Cream, Mushroom, Parsley, Pepper, Thyme)

WHITE RICE 136 calories

(Basmati Rice, Salt, Corn Oil)

SIDE DISH

**SAUTEED VEGETABLE** 107 calories

(Butter, Olive Oil, Garlic, Carrot, Cauliflower, Green Beans, Salt, Black Pepper Powder, Oregano, Parsley)

VEGETARIAN

**BAKED RIGATONI VEGETABLES** 150 calories

(Pasta, Onion, Garlic, Butter, Carrot, Capsicum, Zucchini, Broccoli, Cauliflower, Milk, Cooking Cream, Salt, Pepper, oregano, Parsley, Cheese)

**PASTA** 

**BAKED RIGATONI BOLOGNESE** 285 calories

(Pasta, Minced beef, Tomato paste, Tomato sauce, Garlic, olive Oil, sugar, Pepper, Oregano, Parsely, Cheese, salt)

1 SMALL PORTION QAR 19.00









#### April 30, 2025 Wednesday

## **Daily** Menu

SOUP

CREAM OF CHICKEN SOUP 98 calories \*soup for pre-order only

(Cream, Chicken, Chicken Stock, Salt, Pepper, Butter, Flour)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

### **BUFFET STYLE (MAIN COURSE)**

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH OPTION 1 **CHICKEN TERIYAKI** 238 calories

(Chicken, Onion, Garlic, Butter, Soy Sauce, Teriyaki sauce, Brown sugar, Black Pepper, Corn Flour)

MAIN DISH OPTION 2

FISH IN GOURMET SAUCE 185 calories

(Fish, Onion, Butter, Garlic, Bay leaves, Mushroom, Carrot, Zucchini, Leeks, Black pepper, Cream,

Lemon Juice)

**CARROT AND ONION RICE 125 calories** 

(Rice, Carrot, Onion, Turmeric, Oil, Salt, Bay Leaves, cardamon, Cloves )

SIDE DISH

**STEAMED VEGETABLE** 28 calories

(Cauliflower, Broccoli, marrow, carrot, salt, pepper)

VEGETARIAN

3 BEANS CASSEROLE 191 calories

(Red Beans, White Beans, Chick Peas, Red Sauce, Salt, Pepper, Onion)

**PASTA** 

**SPAGHETTI BOLOGNESE** 317 calories

(Spaghetti, Minced Beef, Onion, Garlic, Salt, Pepper, Celery)

1 SMALL PORTION QAR 19.00





