



January 5, 2025 Sunday

Daily Menu

SOUP

VEGETABLE SWEET CORN SOUP 40 calories *soup for pre-order only
(Sweet Corn, Onion Spring, Carrots, Beans, Garlic, Salt, Pepper, Leeks)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF STEAK WITH MUSHROOM SAUCE 154 calories
(Beef, Demi-Glace, Rosemary, Garlic, Onion, Cream, Olive Oil, Mushroom)

WHITE RICE 100 calories

MASHED POTATO 229 calories
(Potato, Butter, Milk, Salt, Sugar, Cream)

SIDE DISH

GRILLED VEGETABLE 48 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic Sauce)

VEGETARIAN

RATATOUILLE 95 calories
(Eggplant, Zucchini, Capsicum, Squash, Olive Oil, Onion, Garlic, Thyme, Tomato, Basil, Salt, Pepper)

PASTA

RIGATONI BOLOGNESE 260 calories
(Rigatoni, Minced Beef, Demi-Glace, Garlic, Tomato Paste, Ce

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 6, 2025 Monday

Daily Menu

SOUP

CHICKEN HOT N SOUR SOUP *49 calories *soup for pre-order only*
(Chicken, Cabbage, Leeks, Carrot, Lemon Grass, Soya Sauce)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

GRILLED CHICKEN WITH PEPPER SAUCE *138 calories*
(Chicken, Butter, Garlic, Parsley, Salt, Pepper, Cooking Cream)

CARROT AND ONION *324 calories*
(Rice, Carrot, Onion, Turmeric, Oil, Salt, Bay Leaves, Cardamom, Cloves)

SIDE DISH

STEAMED VEGETABLE *40 calories*
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

VEGETABLE AU GRATIN *133 calories*
(Mix Vegetable, Cream, Salt, Pepper, Flour, Mozzarella Cheese, Sweetcorn, Garlic, Onion)

PASTA

CARBONARA PENNE WITH CHICKEN *121 calories*
(Chicken, Penne, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 7, 2025 Tuesday

Daily Menu

SOUP

CREAM OF ASPARAGUS SOUP *49 calories *soup for pre-order only*
(Asparagus, Butter, Onion, Garlic, Celery, Cream, Corn Flour, Vegetable Stock)



1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

STIR FRY BEEF *136 calories*
(Beef, Oyster Sauce, Soya Sauce, Ginger, Onion, Garlic, Corn Flour, Capsicum)

WHITE RICE *100 calories*

SIDE DISH

HERB AND GARLIC POTATO *48 calories*
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

VEGETABLE BAKED RIGATONI *133 calories*
(Pasta, Butter, Carrot, Capsicum, Zucchini, Broccoli, cauliflower, Ginger, Cooking Cream, White sauce, Onion, Salt, Pepper)

PASTA

CHEESY BAKED RIGATONI *242 calories*
((Rigatoni, Minced Beef, Cheese, Demi-Glace, Garlic, Tomato Paste, Celery)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 8, 2025 Wednesday

Daily Menu

SOUP

CHICKEN MANCHOW SOUP 141 calories *soup for pre-order only
(Chicken, Capsicum, Cabbage, Carrot, Pasta, Soya Sauce, Garlic, Onion)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH OPTION 1

FISH WITH GOURMET SAUCE 139 calories

(Fish, Onion, Garlic, Carrot, Mushroom, Marrow, Cooking Cream, Coriander Powder, Cumin Powder, Butter, Flour)

MAIN DISH OPTION 2

CHICKEN BBQ 130 calories

(Chicken, Onion, Garlic, BBQ Sauce, Tomato Ketchup)

WHITE RICE 100 calories

SIDE DISH

STEAMED VEGETABLE 40 calories

(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

CAULIFLOWER AND CARROT CURRY 48 calories

(Cauliflower, Carrot, Onion, Garlic, Cinnamon Stick, Cardamom, Cloves, Coriander, Cumin, Turmeric Powder)

PASTA

CHICKEN AND MUSHROOM PASTA 235 calories

(Pasta, Chicken, Mushroom, Butter, Onion, Garlic, Milk, Cream, Flour)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 9, 2025 Thursday

Daily Menu

SOUP

FRENCH ONION SOUP *20 calories *soup for pre-order only*
(Onion, Beef Stock, Soya Sauce, Salt, Garlic, Pepper, Ginger)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN TIKKA MASALA *173 calories*

(Chicken, Yogurt, Garlic, Lemon Juice, Salt, Pepper, Cumin, Masala, Paprika, Tomato Sauce, Heavy Cream, Turmeric)

TOMATO RICE *308 calories*

(Rice, Tomato, Onion, Oil, Cinnamon Stick, Bay Leaves, Cardamom, Gloves, Salt)

SIDE DISH

ROAST VEGETABLE *40 calories*

(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

EGGPLANT PARMIGIANA *52 calories*

(Eggplant, Indian Spices, Parsley, Mozzarella Cheese, Parmesan Cheese, Red Sauce, White Sauce, Salt, Pepper)

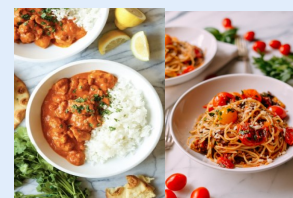
PASTA

CHICKEN PENNE ARABIATTA *219 calories*

(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Red Sauce, Chicken)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 12, 2025 Sunday

Daily Menu

SOUP

CHICKEN N' SWEET CORN SOUP 40 calories *soup for pre-order only
(Chicken, Sweet Corn, Onion, Garlic, Salt, Pepper)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF STROGANOFF 147 calories
(Beef, Onion, Garlic, Salt, Pepper, Demi-Glace, Cooking Cream, Rosemary, Corn Oil)

WHITE RICE 100 calories

MASHED POTATO 229 calories
(Potato, Butter, Milk, Salt, Sugar, Cream)

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

ZUCCHINI BAKED CASSEROLE 66 calories
(Marrow, Red Sauce Salt, Pepper, Mozzarella, Oregano, Onion, Garlic)

PASTA

CREAMY CHICKEN CARBONARA 122 calories
(Pasta, Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Corn F)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 13, 2025 Monday

Daily Menu

SOUP

CREAM OF BROCCOLI SOUP 50 calories *soup for pre-order only
(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

BUTTER CHICKEN 146 calories
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE 100 calories

SIDE DISH

GRILLED VEGETABLE 47 calories
(Carrot, Eggplant, Capsicum, Marrow, Onion, Soya Sauce, Balsamic Sauce)

VEGETARIAN

PUMPKIN CURRY 84 calories
(Pumpkin, Ginger, Garlic, Indian Spices, Onion, Tomato, Salt, Pepper)

PASTA

CHERRY TOMATO SAUCE PASTA 242 calories
(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

PASTA

CHICKEN MUSHROOM SAUCE PASTA 235 calories
(Chicken, Farfalle Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 14, 2025 Tuesday

Daily Menu

SOUP

BEEF VEGETABLE SOUP *24 calories *soup for pre-order only*
(Beef, Carrot, Potato, Celery, Cabbage, Garlic, Onion, Salt, Pepper, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

ROAST CHICKEN *129 calories*
(Chicken, Garlic, Rosemary, Garlic Paste, Salt, Pepper)

WHITE RICE *100 calories*

SIDE DISH

STEAMED VEGETABLE *40 calories*
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

BAKED VEGETABLE RIGATONI *257 calories*
(Mix Vegetables, Milk, Flour, Cooking Cream, Butter, Onion, Garlic, Parmesan, Mozzarella Cheese)

PASTA

BAKED RIGATONI BOLOGNESE *266 calories*
(Pasta, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace, Melted Cheese, Cheddar Cheese, Parmesan Cheese)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 15, 2025 Wednesday

Daily Menu

SOUP

PUMPKIN SOUP 28 calories *soup for pre-order only
(Pumpkin, Garlic, Onion, Flour, Butter, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

**MAIN DISH
OPTION 1**

BAKED FISH IN TARTAR SAUCE 123 calories
(Fish, Salt, Pepper, Lime Juice, Flour, Breadcrumbs, Mayonnaise, Capers, Parsley, Salt, Pepper)

**MAIN DISH
OPTION 2**

SWEET N' SOUR CHICKEN 106 calories
(Chicken, Capsicum, Onion, Garlic, Pineapple, Sweet N' Sour Sauce, Ketchup, Oil, Corn Flour)

CORN N' PEPPER RICE 332 calories
(Rice, Capsicum, Corn, Oil, Salt, Cinnamon Stick, Bay Leaves, Cardamom, Cloves)

SIDE DISH

ROAST POTATO 88 calories
(Potato, Herbs, Salt, Pepper, Basil)

VEGETARIAN

TERIYAKI VEGETABLE 57 calories
(Teriyaki Sauce, Capsicum, Carrot, Zucchini, Cauliflower, Broccoli, Soya Sauce, Oyster Sauce)

PASTA

SPAGHETTI BOLOGNESE 260 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, # Tomato Paste, Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 16, 2025 Thursday

Daily Menu

SOUP

CREAM OF TOMATO SOUP 98 calories *soup for pre-order only
(Tomato, Cream, Tomato Paste, Vegetable Stock, Flour, Butter, Onion, Garlic)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN BIRYANI 173 calories

(Chicken, Rice, Onion, Garlic, Biryani Masala, Tomato, Yoghurt, Garam Masala, Turmeric, Cumin, Coriander Powder)

SIDE DISH

ALOO GOBI 73 calories

(Cauliflower, Potato, Cumin, Coriander, Turmeric, Chili, Garlic, Onion, Ginger)

VEGETARIAN

VEGETABLE BIRYANI 172 calories

(Carrot, Potato, Green Beans, Peas, Tomato, Rice, Garam Masala, Cumin, Coriander, Turmeric Powder, Biryani Masala, Yoghurt)

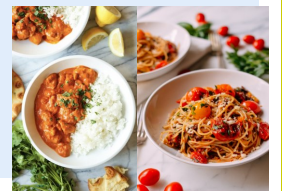
PASTA

CHICKEN ALFREDO PASTA 242 calories

(Chicken, Pasta, Milk, Cream, Oregano, Parsley, Onion, Garlic, Butter, Flour)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 19, 2025 Sunday

Daily Menu

SOUP

CREAM OF CHICKEN SOUP 92 calories *soup for pre-order only
(Cream, Chicken, Chicken Stock, Salt, Pepper, Butter, Flour)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF GOULASH 105 calories

(Beef, Honey, Tomato Paste, Potato, Carrot, Capsicum, Thyme, Cumin Powder, Cream)

WHITE RICE 100 calories

MASHED POTATO 229 calories

(Potato, Butter, Milk, Salt, Sugar, Cream)

SIDE DISH

ROAST VEGETABLE 40 calories

(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

CREAMY BAKED VEGETABLE 75 calories

(Carrot, Cauliflower, Broccoli, Marrow, Onion, Garlic, Cooking Cream, Mozzarella, Butter, Flour, Milk)

PASTA

SPAGHETTI BOLOGNESE 260 calories

(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 20, 2025 Monday

Daily Menu

SOUP

CREAM OF MUSHROOM SOUP *72 calories *soup for pre-order only*
(Mushroom, Cream, Salt, Pepper, Onion, Garlic, Butter, Flour, Vegetable Stock, Celery)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (PASTA DAY)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN PARMIGIANA *135 calories*
(Chicken, Cream, Red Sauce, Parmesan Cheese, Salt, Pepper, Onion, Garlic)

CARROT RICE *344 calories*
(Rice, Onion, Turmeric Powder, Cinnamon Stick, Cardamom, Cloves, Salt, Oil)

SIDE DISH

GRILLED VEGETABLE *47 calories*
(Carrot, Eggplant, Capsicum, Marrow, Onion, Soya Sauce, Balsamic Sauce)

VEGETARIAN

POTATO AND CARROT CURRY *116 calories*
(Potato, Carrot, Onion, Garlic, Coriander Powder, Cumin Powder, Turmeric Powder)

PASTA

CARBONARA PASTA WITH CHICKEN *121 calories*
(Pasta, Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 21, 2025 Tuesday

Daily Menu

SOUP

CHICKEN NOODLE SOUP 24 calories *soup for pre-order only
(Beef, Carrot, Potato, Celery, Cabbage, Garlic, Onion, Salt, Pepper, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN CASSEROLE 117 calories
(Chicken, Tomato, Tomato Paste, Onion, Garlic, Cream, Mozzarella, Oregano, Basil)

WHITE RICE 100 calories

SIDE DISH

LAYONNAISE POTATO 72 calories
(Potato, Onion, Bay Leaves, Vinegar, Parsley)

VEGETARIAN

CREAMY BAKED VEGGIE MAC & CHEESE 75 calories
(Carrot, Cauliflower, Broccoli, Marrow, Onion, Garlic, Cooking Cream, Mozzarella, Butter, Flour, Milk)

PASTA

BAKED MAC AND CHEESE 249 calories
(Macaroni Pasta, Minced Beef, Milk, Cream, Parmesan, Cheddar Cheese, Salt, Pepper, Red Sauce)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 22, 2025 Wednesday

Daily Menu

SOUP

BEEF VEGETABLE SOUP 24 calories *soup for pre-order only
(Beef, Carrot, Potato, Celery, Cabbage, Garlic, Onion, Salt, Pepper, Vegetable Stock)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH OPTION 1

FISH IN DILL CREAMY SAUCE 139 calories

(Fish, Onion, Garlic, Coriander Powder, Cumin Powder, Dill, Fresh Cream, Corn Oil, Butter, Flour)

MAIN DISH OPTION 2

CHICKEN AFRITADA 163 calories

(Chicken, Bell Pepper, Green peas, Carrot, Potato, Cheese, Tomato Sauce. Salt, Pepper)

WHITE RICE 100 calories

SIDE DISH

SAUTEED CARROT AND CAULIFLOWER 48 calories

(Cauliflower, Carrot, Salt, Pepper)

VEGETARIAN

VEGETABLE CHOPSEUY 39 calories

(Capsicum, Carrot, Cabbage, Onion, Garlic, Broccoli, Cauliflower, Soya Sauce, Oyster Sauce)

PASTA

PENNE MARINARA SAUCE 242 calories

(Pasta, Tomato Sauce, Olive oil, Onion, Basil, Tomatoes, Dried oregano, garlic, Salt, Pepper)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





January 23, 2025 Thursday

Daily Menu

SOUP

THAI RED CHICKEN PUMPKIN SOUP 27 calories *soup for pre-order
(Chicken, Pumpkin, Red Curry Paste, Lemon Grass, Vegetable Stock, Garlic, Onion, Cream)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

BUTTER CHICKEN 146 calories
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE 100 calories

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

EGGPLANT PARMIGIANA 52 calories
(Eggplant, Indian Spices, Parsley, Mozzarella Cheese, Parmesan Cheese, Red Sauce, White Sauce, Salt, Pepper)

PASTA

SPAGHETTI WITH MEATBALLS 260 calories
(Spaghetti, Onion, Garlic, Salt, Pepper, Tomato, Beef, Oregano, Basil)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





January 26, 2025 Sunday

Daily Menu

SOUP

CREAM OF PUMPKIN SOUP *49 calories *soup for pre-order only*
(Pumpkin, Garlic, Onion, Flour, Butter, Vegetable Stock, Cream)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

3 HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

GRILLED BEEF WITH PEPPER SAUCE *138 calories*
(Beef, Onion, Garlic, Soya Sauce, Demi-Glace)

WHITE RICE *100 calories*

MASHED POTATO *229 calories*
(Potato, Butter, Milk, Salt, Sugar, Cream)

SIDE DISH

STEAMED VEGETABLE *40 calories*
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

STIR FRY VEGETABLE *46 calories*
(Carrot, Capsicum, Cabbage, Zucchini, Green Beans, Soya Sauce, Oyster Sauce)

PASTA

PRIMAVERA PASTA *290 calories*
(Onion, Garlic, Milk, Cream, Pasta, Carrot, Capsicum, Parmesan)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





January 27, 2025 Monday

Daily Menu

SOUP

CREAM OF POTATO SOUP 98 calories *soup for pre-order only
(Tomato, Cream, Tomato Paste, Vegetable Stock, Flour, Butter, Onion, Garlic)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

CHICKEN STROGANOFF 121 calories
(Chicken, Capsicum, Celery, Mushroom, Butter, Demi- Glace, Cream)

WHITE RICE 100 calorie

SIDE DISH

GRILLED VEGETABLE 47 calories
(Carrot, Eggplant, Capsicum, Marrow, Onion, Soya Sauce, Balsamic Sauce)

VEGETARIAN

GRILLED VEGETABLE WITH MOZARELLA CHEESE 46 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic, Mozzarella)

PASTA

CHERRY TOMATO SAUCE PASTA 242 calories
(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





January 28, 2025 Tuesday

Daily Menu

SOUP

CHICKEN CLEAR SOUP 24 calories *soup for pre-order only
(Beef, Carrot, Potato, Celery, Cabbage, Garlic, Onion, Salt, Pepper, Vegetable Stock)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

MONGOLIAN BEEF 96 calories
(Beef, Onion, Garlic, Capsicum, Soya Sauce, Oyster sauce,)

WHITE RICE 100 calorie

SIDE DISH

POTATO WEDGES 88 calories
(Potato, Herbs, Salt, Pepper, Basil)

VEGETARIAN

VEGETABLE LASAGNA 160 calories
(Lasagna Sheet, Celery, Capsicum, Marrow, Cheddar Cheese, Mozzarella Cheese, Onion, Garlic, Eggplant, Sweetcorn)

PASTA

MEAT LASAGNA 290 calories
(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





January 29, 2025 Wednesday

Daily Menu

SOUP

CHICKEN MANCHOW SOUP 141 calories *soup for pre-order only
(Chicken, Capsicum, Cabbage, Carrot, Pasta, Soya Sauce, Garlic, Onion)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH OPTION 1

CHICKEN TANDOORI 131 calories
(Chicken, Garlic Paste, Garam Masala, Coriander Powder, Mustard Oil, Yoghurt)

MAIN DISH OPTION 2

BAKED HERB FISH 132 calories
(Fish, Garlic, Oregano, Parsley, Salt, Pepper, Butter, Flour)

YELLOW RICE 344 calories
(Rice, Onion, Turmeric Powder, Cinnamon Stick, Cardamom, Cloves, Salt, Oil)

SIDE DISH

BUTTERED VEGETABLE 47 calories
(Carrot, Cauliflower, Broccoli, Marrow, Garlic, Onion, Butter)

VEGETARIAN

THAI RED CURRY VEGETABLE 95 calories
(Thai Red Curry Paste, Onion, Tomato, Mixed Vegetable, Cauliflower, Cumin, Turmeric, Coriander, Oil)

PASTA

CHICKEN AND MUSHROOM PASTA 235 calories
(Chicken, Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





January 30, 2025 Thursday

Daily Menu

SOUP

CREAM OF MUSHROOM SOUP 72 calories *soup for pre-order on
(Mushroom, Cream, Salt, Pepper, Onion, Garlic, Butter, Flour, Vegetable Stock, Celery)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

3 HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

CHICKEN FAJITA 120 calories

(Chicken, Capsicum, Onion, Garlic, Coriander Powder, Cumin, Olive Oil, Garlic Paste, Red Sauce)

TOMATO RICE 308 calories

(Rice, Tomato, Onion, Oil, Cinnamon Stick, Bay Leaves, Cardamom, Gloves, Salt)

SIDE DISH

SAUTEED VEGETABLE 46 calories

(Carrot, Cauliflower, Broccoli, Marrow, Garlic, Onion, Butter)

VEGETARIAN

BAKED VEGETABLE 75 calories

(Carrot, Cauliflower, Broccoli, Marrow, Onion, Garlic, Cooking Cream, Mozzarella, Butter, Flour)

PASTA

BAKED RIGATONI BOLOGNESE 260 calories

(Rigatoni, Minced Beef, Demi-Glace, Garlic, Tomato Paste, Celery)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00

