



December 1, 2024 Sunday

Daily Menu

SOUP

CREAM OF CARROT SOUP 68 calories *soup for pre-order only
(Carrot, Butter, Onion, Garlic, Celery, Cream, Flour, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF MONGOLIAN 157 calories
(Chicken, Onion, Garlic, Capsicum, Soya Sauce, Oyster Sauce, Corn Flour)

WHITE RICE 100 calories

MASHED POTATO 229 calories
(Potato, Butter, Milk, Salt, Sugar, Cream)

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

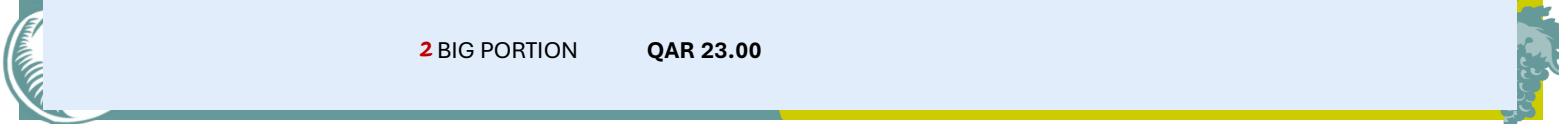
VEGETABLE KORMA 73 calories
(Carrot, Cauliflower, Potato, Beans, Onion, Garlic, Coriander, Cumin, Coconut Milk)

PASTA

SPAGHETTI BOLOGNESE 260 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 2, 2024 Monday

Daily Menu

SOUP

FRENCH ONION SOUP 20 calories *soup for pre-order only
(Onion, Beef Stock, Soya Sauce, Salt, Garlic, Pepper, Ginger)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BUTTER CHICKEN 146 calories
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE 100 calories

SIDE DISH

GRILLED VEGETABLE 40 calories
(Capsicum, Marrow, Carrot, Indian Spices, Onion, Eggplant)

VEGETARIAN

ALOO GOBI 73 calories
(Cauliflower, Potato, Cumin, Coriander, Turmeric, Chili, Garlic, Onion, Ginger)

PASTA

CHICKEN ALFREDO PASTA 242 calories
(Chicken, Penne Pasta, Milk, Cream, Oregano, Parsley, Onion, Garlic)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 3, 2024 Tuesday

Daily Menu

SOUP

CHICKEN CLEAR SOUP 49 calories *soup for pre-order only
(Chicken, Carrot, Potato, Leek, Chicken Stock, Garlic, Onion, Parsley)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN BBQ 130 calories
(Chicken, Onion, Garlic, BBQ Sauce, Tomato Ketchup)

WHITE RICE 100 calories

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

ZUCCHINI BAKED CASSEROLE 66 calories
(Marrow, Red Sauce Salt, Pepper, Mozzarella, Oregano, Onion, Garlic)

PASTA

SPAGHETTI WITH MEATBALLS 260 calories
(Spaghetti, Meatballs, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 4, 2024 Wednesday

Daily Menu

SOUP

LENTIL SOUP 135 calories *soup for pre-order only
(Dal, Butter, Flour, Cream, Celery, Garlic, Onion)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH OPTION 1

CHICKEN PATTIES IN MUSHROOM SAUCE 117 calories

(Chicken Patties, Mushroom, Demi-Glace, Cream, Rosemary, Onion, Garlic, Salt, Pepper, Olive Oil)

MAIN DISH OPTION 2

FISH IN DILL CREAMY SAUCE 149 calories

(Fish, Onion, Garlic, Coriander Powder, Cumin Powder, Dill, Fresh Cream, Corn Oil, Butter, Flour)

CARROT AND ONION RICE 324 calories

(Rice, Carrot, Onion, Turmeric Powder, Salt, Bay leaves, Cardamom, Cloves)

SIDE DISH

STEAMED VEGETABLE 40 calories

(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

MIX VEGETABLE CURRY 61 calories

(Carrot, Potato, Beans, Cauliflower, Green Peas, Salt, Pepper, Cumin, Turmeric, Coriander, Chili, Onion, Garlic)

PASTA

CREAMY CHICKEN CARBONARA 242 calories

(Chicken, Penne Pasta, Milk, Cream, Oregano, Parsley, Onion, Garlic)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 5, 2024 Thursday

Daily Menu

SOUP

CREAM OF TOMATO SOUP 98 calories *soup for pre-order only
(Tomato, Cream, tomato Paste, Vegetable Stock, Flour, Butter, Onion, Garlic)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN BIRYANI 146 calories

(Chicken, Rice, Onion, Garlic, Biryani Masala, Tomato, Yoghurt, Garam Masala, Turmeric, Cumin, Coriander Powder)

SIDE DISH

STEAMED VEGETABLE 40 calories

(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

VEGETABLE BIRYANI 52 calories

(Carrot, Potato, Green Beans, Peas, Tomato, Rice, Garam Masala, Cumin, Coriander, Turmeric Powder, Biryani Masala, Yoghurt)

PASTA

ARABIATTA PASTA 219 calories

(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Eggplant, Red Sauce,)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 8, 2024 Sunday

Daily Menu

SOUP

CREAM OF TOMATO SOUP 98 calories *soup for pre-order only
(Tomato, Cream, tomato Paste, Vegetable Stock, Flour, Butter, Onion, Garlic)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF STEAK WITH MUSHROOM SAUCE 154 calories
(Beef, Demi-Glace, Rosemary, Garlic, Onion, Cream, Olive Oil, Mushroom)

WHITE RICE 100 calories

MASHED POTATO 229 calories
(Potato, Butter, Milk, Salt, Sugar, Cream)

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

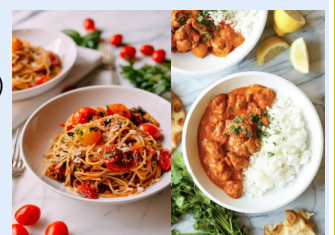
STIR FRY VEGETABLE 46 calories
(Carrot, Capsicum, Cabbage, Zucchini, Green Beans, Soya Sauce, Oyster Sauce)

PASTA

CHERIE TOMATO SAUCE PASTA 242 calories
(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 9, 2024 Monday

Daily Menu

SOUP

CREAM OF BROCCOLI SOUP *50 calories *soup for pre-order only*
(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

CHICKEN PARMIGIANA *135 calories*
(Chicken, Cream, Red Sauce, Parmesan Cheese, Salt, Pepper, Onion, Garlic)

WHITE RICE *100 calories*

SIDE DISH

STEAMED VEGETABLE *40 calories*
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

GRILLED VEGETABLE W/ MOZZARELLA *46 calories*
(Capsicum, Marrow, Carrot, Indian Spices, Onion, Eggplant, Mozzarella, Cheddar Cheese, Parmesan Cheese)

PASTA

CHICKEN MUSHROOM SAUCE PASTA *235 calories*
(Chicken, Farfalle Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 10, 2024 Tuesday

Daily Menu

SOUP

CREAM OF ASPARAGUS SOUP *49 calories* *soup for pre-order only
(Asparagus, Butter, Onion, Garlic, Celery, Cream, Corn Flour, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF STROGANOFF *147 calories*
(Beef, Onion, Garlic, Salt, Pepper, Demi-Glace, Cooking Cream, Capsicum, Mushroom)

WHITE RICE *100 calories*

SIDE DISH

SAUTEED BROCCOLI AND CAULIFLOWER *41 calories*
(Broccoli, Cauliflower, Salt, Pepper)

VEGETARIAN

DAL FRY *167 calories*
(Dal, Tomato, Onion, Garlic Paste, Cumin, Coriander, Turmeric, Salt, Pepper, Corn Oil)

PASTA

BAKED MACARONI *290 calories*
(Macaroni Pasta, Minced Beef, Milk, Cream, Parmesan, Cheddar Cheese, Salt, Pepper, Red Sauce)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 11, 2024 Wednesday

Daily Menu

SOUP

VEGETABLE SWEET CORN SOUP 40 calories *soup for pre-order only
(Sweet Corn, Onion Spring, Carrots, Beans, Garlic, Salt, Pepper, Leeks)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

**MAIN DISH
OPTION 1**

CHICKEN CASSEROLE 117 calories
(Chicken, Tomato, Tomato Paste, Onion, Garlic, Cream, Mozzarella, Oregano, Basil)

**MAIN DISH
OPTION 2**

FISH IN DILL CREAMY SAUCE 229 calories
(Fish, Onion, Garlic, Coriander Powder, Cumin Powder, Dill, Fresh Cream, Corn Oil, Butter, Flour)

YELLOW RICE 344 calories
(Rice, Onion, Turmeric Powder, Cinnamon Stick, Cardamom, Cloves, Salt, Oil)

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

CAULIFLOWER, CARROT CURRY 84 calories
(Cauliflower, Carrot, Onion, Garlic, Cinnamon Stick, Cardamom, Cloves, Coriander, Cumin, Turmeric Powder)

PASTA

CREAMY BROCCOLI PASTA 235 calories
(Chicken, Pasta, Mushroom, Butter, Onion, Garlic, Milk,

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 12, 2024 Thursday

Daily Menu

SOUP

CREAM OF TOMATO SOUP 98 calories *soup for pre-order only
(Tomato, Cream, tomato Paste, Vegetable Stock, Flour, Butter, Onion, Garlic)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN FAJITA 120 calories
(Chicken, Capsicum, Onion, Garlic, Coriander Powder, Cumin, Olive Oil, Garlic Paste, Red Sauce)

TOMATO RICE 324 calories

(Tomato, red color, veg stock, ginger, garlic, onion, pepper, salt)

SIDE DISH

GRILLED VEGETABLE 48 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

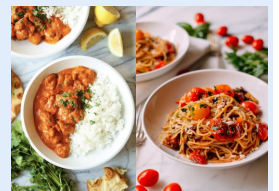
VEGETABLE JALFREZI 161 calories
(Capsicum, White Onion, Garlic, Carrot, Tomato, Coriander, Cauliflower, Broccoli, Marrow, Tomato Paste, Turmeric Powder, Masala, Salt, Pepper, Oil)

PASTA

SPAGHETTI BOLOGNESE 260 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 15, 2024 Sunday

Daily Menu

SOUP

CREAM OF SPINACH SOUP 49 calories *soup for pre-order only
(Spinach, Cream, Salt, Pepper, Onion, Garlic, Butter, Flour, Vegetable Stock)

- 1** SMALL BOWL **QAR 7.75**
- 2** BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

- 1** SMALL PORTION **QAR 20.00**
- 2** BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF GOULASH 105 calories
(Beef, Honey, Tomato Paste, Potato, Carrot, Capsicum, Thyme, Cumin Powder, Cream)

WHITE RICE 100 calories

MASHED POTATO 229 calories
(Potato, Butter, Milk, Salt, Sugar, Cream)

SIDE DISH

GRILLED VEGETABLE 40 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

SAUTEED CAULIFLOWER, BROCCOLI, CARROT 41 calories
(Broccoli, Cauliflower, Carrot, Salt, Pepper)

PASTA

CREAMY CHICKEN CARBONARA 122 calories
(Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper)

- 1** SMALL PORTION **QAR 19.00**
- 2** BIG PORTION **QAR 23.00**





December 16, 2024 Monday

Daily Menu

SOUP

FRENCH ONION SOUP 20 calories *soup for pre-order only
(Onion, Beef Stock, Soya Sauce, Salt, Garlic, Pepper, Ginger)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (PASTA DAY)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN IN PEPPER SAUCE 130 calories
(Chicken, Onion, Garlic, BBQ Sauce, Tomato Ketchup)

WHITE RICE 100 calories

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

VEGETABLE TERIYAKI 73 calories
(Teriyaki Sauce, Capsicum, Carrot, Zucchini, Cauliflower, Broccoli, Soya Sauce, Oyster Sauce)

PASTA

CHICKEN PRIMAVERA PASTA SAUCE 242 calories
(Chicken, Onion, Garlic, Milk, Cream, Pasta, Carrot, Beans, Capsicum, Parmesan)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 17, 2024 Tuesday

Daily Menu

SOUP

HOT N' SOUR SOUP 72 calories *soup for pre-order only
(Cabbage, Leeks, Carrot, Lemon Grass, Soya Sauce)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF STIR FRY 136 calories
(Beef, Oyster Sauce, Soya Sauce, Ginger, Onion, Garlic, Corn Flour, Capsicum)

WHITE RICE 100 calories

SIDE DISH

SAUTEED BROCCOLI AND CAULIFLOWER 41 calories
(Broccoli, Cauliflower, Salt, Pepper)

VEGETARIAN

VEGETABLE CHOPSEUY 39 calories
(Capsicum, Carrot, Cabbage, Onion, Garlic, Broccoli, Cauliflower, Soya Sauce, Oyster Sauce)

PASTA

MEAT LASAGNA 290 calories
(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





December 19, 2024 Thursday

Daily Menu

SOUP

MINESTRONE SOUP 50 calories *soup for pre-order only
(Tomate Paste, Pasta, Carrot, Potato, Leeks, Celery, Onion, Cabbage)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BUTTER CHICKEN 146 calories
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE 100 calories

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

EGGPLANT PARMIGIANA 52 calories
(Eggplant, Indian Spices, Parsley, Mozzarella Cheese, Parmesan Cheese, Red Sauce, White Sauce, Salt, Pepper)

PASTA

CHICKEN PENNE ARABIATTA 219 calories
(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Red Sauce, Chicken)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**

