



September 1, 2024 Sunday

Daily Menu

SOUP

VEGETABLE SWEET CORN SOUP 40 calories *soup for pre-order only
(Sweet Corn, Onion Spring, Carrots, Beans, Garlic, Salt, Pepper, Leeks)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00



MAIN DISH

BEEF STROGANOFF 147 calories
(Beef, Onion, Garlic, Salt, Pepper, Demi-Glace, Cooking Cream, Capsicum, Mushroom)

SIDE DISH

HERB POTATO 48 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

VEGETABLE CHOPSEUY 39 calories
(Capsicum, Carrot, Cabbage, Onion, Garlic, Broccoli, Cauliflower, Soya Sauce, Oyster Sauce)

PASTA

CHICKEN PRIMAVERA PASTA 290 calories
(Chicken, Onion, Garlic, Milk, Cream, Pasta, Carrot, Capsicum, Parmesan)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





September 2, 2024 Monday

Daily Menu

SOUP

TOMATO SOUP 33 calories *soup for pre-order only
(Tomato, Salt, Pepper, Onion, Garlic, Tomato Paste, Celery)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (PASTA DAY)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BUTTER CHICKEN 146 calories
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE 100 calories

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

DAL FRY 167 calories
(Dal, Tomato, Onion, Garlic Paste, Cumin, Coriander, Turmeric, Salt, Pepper, Corn Oil)

PASTA

SPAGHETTI BOLOGNESE 260 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 3, 2024 Tuesday

Daily Menu

SOUP

FRENCH ONION SOUP 20 calories *soup for pre-order only
(Onion, Beef Stock, Soya Sauce, Salt, Garlic, Pepper, Ginger)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



PASTA DAY

PASTA

BAKE MACARONI 249 calories
(Macaroni Pasta, Minced Beef, Milk, Cream, Parmesan, Cheddar Cheese, Salt, Pepper, Red Sauce)

PASTA WITH WHITE SAUCE W/ GRILLED CHICKEN 266 calories
(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

PASTA WITH RED SAUCE W/ GRILLED CHICKEN 181 calories
(Penne Pasta, Tomato Sauce, Tomato Paste, Onion, Garlic, Celery, Leeks, Carrot, Vegetable Oil)

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

VEGETABLE KORMA 73 calories
(Carrot, Cauliflower, Potato, Beans, Onion, Garlic, Coriander, Cumin, Coconut Milk)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 4, 2024 Wednesday

Daily Menu

SOUP

CREAM OF BROCCOLI SOUP 50 calories *soup for pre-order only
(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00



MAIN DISH OPTION 1

BEEF GOULASH 105 calories
(Beef, Honey, Tomato Paste, Potato, Carrot, Capsicum, Thyme, Cumin Powder, Cream)

MAIN DISH OPTION 2

FISH IN LEMON BUTTER SAUCE 139 calories
(Fish, Lemon, Butter, Garlic, Salt, Pepper, Parsley)

WHITE RICE 100 calories

SIDE DISH

GRILLED VEGETABLE 47 calories
(Carrot, Eggplant, Capsicum, Marrow, Onion, Soya Sauce, Balsamic Sauce)

VEGETARIAN

VEGETABLE AU GRATIN 133 calories
(Mix Vegetable, Cream, Salt, Pepper, Flour, Mozzarella Cheese, Sweetcorn, Garlic, Onion)

PASTA

CHICKEN AND MUSHROOM PASTA 235 calories
(Chicken, Farfalle Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





September 5, 2024 Thursday

Daily Menu

SOUP

HOT N' SOUR SOUP 72 calories *soup for pre-order only
(Cabbage, Leeks, Carrot, Lemon Grass, Soya Sauce)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN BIRYANI 173 calories

(Chicken, Rice, Onion, Garlic, Biryani Masala, Tomato, Yoghurt, Garam Masala, Turmeric, Cumin, Coriander Powder)

SIDE DISH

STEAMED VEGETABLE 40 calories

(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

VEGETABLE BIRYANI 172 calories

(Carrot, Potato, Green Beans, Peas, Tomato, Rice, Garam Masala, Cumin, Coriander, Turmeric Powder, Biryani Masala, Yoghurt)

PASTA

CHICKEN PENNE ARABIATTA 219 calories

(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Eggplant, Red Sauce, Chicken)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 8, 2024 Sunday

Daily Menu

SOUP

PUMPKIN SOUP 28 calories *soup for pre-order only
(Pumpkin, Garlic, Onion, Flour, Butter, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

GRILLED BEEF WITH PEPPER SAUCE 150 calories
(Beef, Garlic, Mustard, Onion, Butter, Demi-Glace, Cream)

WHITE RICE 100 calories

SIDE DISH

ROAST POTATO 88 calories
(Potato, Herbs, Salt, Pepper, Basil)

VEGETARIAN

ZUCCHINI BAKED CASSEROLE 66 calories
(Marrow, Red Sauce Salt, Pepper, Mozzarella, Oregano, Onion, Garlic)

PASTA

CHICKEN ALFREDO PASTA 242 calories
(Chicken, Penne Pasta, Milk, Cream, Oregano, Parsley, Onion, Garlic)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 9, 2024 Monday

Daily Menu

SOUP

CREAM OF ASPARAGUS SOUP 49 calories *soup for pre-order only
(Asparagus, Butter, Onion, Garlic, Celery, Cream, Corn Flour, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BUTTER CHICKEN 146 calories
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE 100 calories

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

VEGETALE JALFREZI 161 calories
(Capsicum, White Onion, Garlic, Carrot, Tomato, Coriander, Cauliflower, Broccoli, Marrow, Tomato Paste, Turmeric Powder, Masala, Salt, Pepper, Oil)

PASTA

CHERIE TOMATO SAUCE PASTA 242 calories
(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 10, 2024 Tuesday

Daily Menu

SOUP

CHICKEN NOODLE SOUP 78 calories *soup for pre-order only
(Chicken, Noodles, Onion, Garlic, Chicken Stock, Carrot)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



PASTA DAY

PASTA

MEAT LASAGNA 290 calories
(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

PASTA WITH WHITE SAUCE W/ GRILLED CHICKEN 266 calories
(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

PASTA WITH RED SAUCE W/ GRILLED CHICKEN 181 calories
(Penne Pasta, Tomato Sauce, Tomato Paste, Onion, Garlic, Celery, Leeks, Carrot, Vegetable Oil)

SIDE DISH

BUTTERED VEGETABLE 57 calories
(Carrot, Cauliflower, Broccoli, Marrow, Garlic, Onion, Butter)

VEGETARIAN

MIX VEGETABLE CURRY 61 calories
(Carrot, Potato, Beans, Cauliflower, Green Peas, Salt, Pepper, Cumin, Turmeric, Coriander, Chili, Onion, Garlic)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 11, 2024 Wednesday

Daily Menu

SOUP

MINISTRONE SOUP 50 calories *soup for pre-order only
(Tomate Paste, Pasta, Carrot, Potato, Leeks, Celery, Onion, Cabbage)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH OPTION 1

GRILLED CHICKEN IN CAJUN SAUCE 121 calories
(Chicken, Lemon, Flour, Cajun Spice, Salt, Pepper)

MAIN DISH OPTION 2

FISH IN GOURMET SAUCE 139 calories
(Fish, Onion, Garlic, Carrot, Mushroom, Marrow, Cooking Cream, Coriander Powder, Cumin Powder, Butter, Flour)

CARROT RICE 344 calories
(Rice, Onion, Turmeric Powder, Cinnamon Stick, Cardamom, Cloves, Salt, Oil)

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

CREAMY BAKED VEGETABLE 75 calories
(Carrot, Cauliflower, Broccoli, Marrow, Onion, Garlic, Cooking Cream, Mozzarella, Butter, Flour, Milk)

PASTA

CREAMY CHICKEN CARBONARA 122 calories
(Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





September 12, 2024 Thursday

Daily Menu

SOUP

CHICKEN MANCHOW SOUP 141 calories *soup for pre-order only
(Chicken, Capsicum, Cabbage, Carrot, Pasta, Soya Sauce, Garlic, Onion)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN FAJITA 120 calories
(Chicken, Capsicum, Onion, Garlic, Coriander Powder, Cumin, Olive Oil, Garlic Paste, Red Sauce)

YELLOW RICE 344 calories
(Rice, Onion, Turmeric Powder, Cinnamon Stick, Cardamom, Cloves, Salt, Oil)

SIDE DISH

GRILLED VEGETABLE 48 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

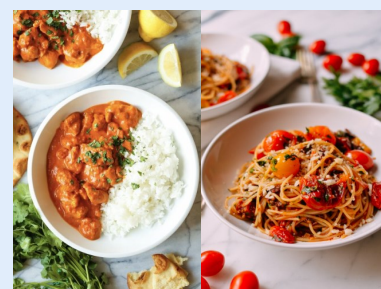
CAULIFLOWER CURRY 40 calories
(Cauliflower, Onion, Garlic, Cinnamon Stick, Cardamom, Cloves, Coriander, Cumin, Turmeric Powder)

PASTA

SPAGHETTI BOLOGNESE 260 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 15, 2024 Sunday

Daily Menu

SOUP

CREAM OF MUSHROOM SOUP 72 calories *soup for pre-order only
(Mushroom, Cream, Salt, Pepper, Onion, Garlic, Butter, Flour, Vegetable Stock, Celery)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

BEEF IN BROWN GRAVY 154 calories
(Beef, Salt, Pepper, Garlic, Onion, Demi-Glace, Cooking Cream, Rosemary, Corn Oil)

WHITE RICE 100 calories

SIDE DISH

LAYONNAISE POTATO 73 calories
(Potato, Onion, Bay Leaves, Vinegar, Parsley)

VEGETARIAN

THAI RED VEGETABLE CURRY 95 calories
(Thai Red Curry Paste, Onion, Tomato, Mixed Vegetable, Cauliflower, Cumin, Turmeric, Coriander, Oil)

PASTA

CHICKEN AND MUSHROOM PASTA 235 calories
(Chicken, Farfalle Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 16, 2024 Monday

Daily Menu

SOUP

CHICKEN MEXICAN SOUP 30 calories *soup for pre-order only
(Butter, Milk, Cream, Capsicum, Tomato, Red Kidney beans, Corn, Paprika)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (PASTA DAY)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN PARMIGIANA 135 calories
(Chicken, Cream, Red Sauce, Parmesan Cheese, Salt, Pepper, Onion, Garlic)

WHITE RICE 100 calories

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

EGGPLANT PARMIGIANA 52 calories
(Eggplant, Indian Spices, Parsley, Mozzarella Cheese, Parmesan Cheese, Red Sauce, White Sauce, Salt, Pepper)

PASTA

CHICKEN PENNE ARABIATTA 219 calories
(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Eggplant, Red Sauce, Chicken)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 17, 2024 Tuesday

Daily Menu

SOUP

CREAM OF PUMPKIN SOUP 28 calories *soup for pre-order only
(Pumpkin, Garlic, Onion, Flour, Butter, Vegetable Stock)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



PASTA DAY

PASTA

BAKE BOLOGNESE 260 calories
(Minced Beef, Vegetable Oil, Tomato Paste, Carrot, Onion, Garlic, Peeled Tomato, Salt, Pepper, Oregano, Pasta, Cheddar Cheese, Mozzarella Cheese)

PASTA WITH WHITE SAUCE W/ GRILLED CHICKEN 266 calories
(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

PASTA WITH RED SAUCE W/ GRILLED CHICKEN 181 calories
(Penne Pasta, Tomato Sauce, Tomato Paste, Onion, Garlic, Celery, Leeks, Carrot, Vegetable Oil)

SIDE DISH

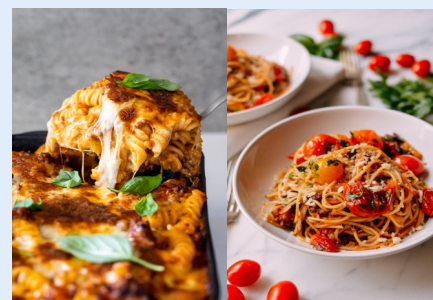
ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

ALOO GOBI 73 calories
(Cauliflower, Potato, Cumin, Coriander, Turmeric, Chili, Garlic, Onion, Ginger)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





September 18, 2024 Wednesday

Daily Menu

SOUP

CHICKEN MANCHOW SOUP 141 calories

(Chicken, Capsicum, Cabbage, Carrot, Pasta, Soya Sauce, Garlic, Onion)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

CHICKEN IN LEMON BUTTER SAUCE 146 calories

(Chicken, Lemon, Butter, Garlic, Salt, Pepper, Parsley)

FISH IN DILL CREAMY SAUCE 149 calories

(Fish, Onion, Garlic, Coriander Powder, Cumin Powder, Dill, Fresh Cream, Corn Oil, Butter, Flour)

WHITE RICE 100 calories

SIDE DISH

STEAMED VEGETABLE 40 calories

(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

RED BEANS CURRY 321 calories

(Red Beans, Salt, Pepper, Coriander, Turmeric, Cumin, Onion, Garlic, Tomato, Oil)

PASTA

SPAGHETTI BOLOGNESE 260 calories

(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





September 19, 2024 Thursday

Daily Menu

SOUP

CHICKEN CLEAR SOUP *49 calories*

(Chicken, Carrot, Potato, Leek, Chicken Stock, Garlic, Onion, Parsley)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BUTTER CHICKEN *146 calories*

(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE *100 calories*

SIDE DISH

STEAMED VEGETABLE *40 calories*

(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

BAKED VEGETABLE *75 calories*

(Carrot, Cauliflower, Broccoli, Marrow, Onion, Garlic, Cooking Cream, Mozzarella, Butter, Flour)

PASTA

CHERIE TOMATO SAUCE PASTA *219 calories*

(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 22, 2024 Sunday

Daily Menu

SOUP

AMERICAN CORN CHOWDER SOUP 126 calories
(Corn, Vegetable Stock, Cream, Milk, Butter, Flour, Celery, Salt, Pepper, Garlic, Onion)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF IN MUSHROOM SAUCE 154 calories
(Beef, Salt, Pepper, Garlic, Onion, Demi-Glace, Cooking Cream, Rosemary, Corn Oil)

WHITE RICE 100 calories

SIDE DISH

HERB AND GARLIC POTATO 88 calories
(Potato, Garlic, Butter, Herbs, Basil, Salt, Pepper)

VEGETARIAN

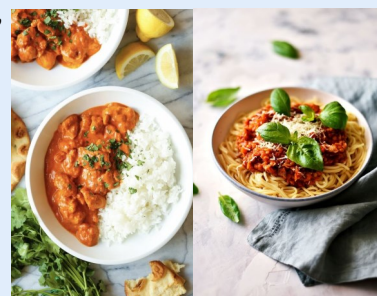
CARROT AND CAULIFLOWER CURRY 84 calories
(Cauliflower, Carrot, Onion, Garlic, Cinnamon Stick, Cardamom, Cloves, Coriander, Cumin, Turmeric Powder)

PASTA

CREAMY CHICKEN CARBONARA 242 calories
(Chicken, Penne Pasta, Milk, Cream, Oregano, Parsley, Onion, Garlic)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 23, 2024 Monday

Daily Menu

SOUP

BEEF VEGETABLE SOUP 24 calories

(Beef, Carrot, Potato, Celery, Cabbage, Garlic, Onion, Salt, Pepper, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

CHICKEN CASSEROLE 117 calories

(Chicken, Tomato, Tomato Paste, Onion, Garlic, Cream, Mozzarella, Oregano, Basil)

CARROT RICE 344 calories

(Rice, Onion, Turmeric Powder, Cinnamon Stick, Cardamom, Cloves, Salt, Oil)

SIDE DISH

GRILLED VEGETABLE 48 calories

(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

VEGETABLE AU GRATIN 133 calories

(Mix vegetable, cream, salt, pepper, flour, mozzarella cheese, sweetcorn, garlic, onion)

PASTA

CHERIE TOMATO SAUCE PASTA 242 calories

(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 24, 2024 Tuesday

Daily Menu

SOUP

MINESTRONE SOUP 50 calories *soup for pre-order only
(Tomate Paste, Pasta, Carrot, Potato, Leeks, Celery, Onion, Cabbage)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



PASTA DAY

PASTA

MEAT LASAGNA 290 calories
(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

PASTA WITH WHITE SAUCE W/ SAUSAGE 266 calories
(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

PASTA WITH RED SAUCE W/ SAUSAGE 181 calories
(Penne Pasta, Tomato Sauce, Tomato Paste, Onion, Garlic, Celery, Leeks, Carrot, Vegetable Oil)

SIDE DISH

BUTTERED VEGETABLE 57 calories
(Carrot, Cauliflower, Broccoli, Marrow, Garlic, Onion, Butter)

SIDE DISH

COCONUT DAL 144 calories
(Dal, Onion, Tomato, Garlic, Coconut Milk, Corn Oil, Curry Powder, Turmeric Powder)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 25, 2024 Wednesday

Daily Menu

SOUP

CHICKEN MACARONI SOUP 92 calories *soup for pre-order only
(Pumpkin, Veg Stock, Butter, Flour, Cream, Salt, Pepper, Garlic, Onion)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH OPTION 1

CHICKEN AFRITADA 163 calories
(Chicken, Bell Pepper, Green peas, Carrot, Potato, Cheese, Tomato Sauce. Salt, Pepper)

MAIN DISH OPTION 2

HERB GRILLED FISH 132 calories
(Fish, Garlic, Oregano, Parsley, Salt, Pepper, Butter, Flour)

WHITE RICE 100 calories

SIDE DISH

ROAST VEGETABLE 40 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

CHICKPEAS CURRY 157 calories
(Chickpeas, Onion, Garlic Paste, Tomato, Salt, Pepper, Turmeric, Coriander, Cumin)

PASTA

CHICKEN PRIMAVERA PASTA 290 calories
(Chicken, Onion, Garlic, Milk, Cream, Pasta, Carrot, Beans, Capsicum, Parmesan)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





September 26, 2024 Thursday

Daily Menu

SOUP

CREAM OF BROCCOLI SOUP 50 calories *soup for pre-order only
(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

CHICKEN BIRYANI 117 calories

(Chicken, Rice, Onion, Garlic, Biryani Masala, Tomato, Yoghurt, Garam Masala, Turmeric, Cumin, Coriander Powder)

SIDE DISH

STEAMED VEGETABLE 40 calories

(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

VEGETABLE BIRYANI 172 calories

(Carrot, Potato, Green Beans, Peas, Tomato, Rice, Garam Masala, Cumin, Coriander, Turmeric Powder, Biryani Masala, Yoghurt)

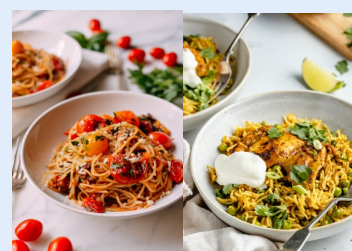
PASTA

CHICKEN PENNE ARRABIATTA 219 calories

(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Eggplant, Red Sauce, Chicken)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





September 29, 2024 Sunday

Daily Menu

SOUP

CREAM OF ASPARAGUS SOUP 49 calories **soup for pre-order only*
(Asparagus, Butter, Onion, Garlic, Celery, Cream, Corn Flour, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

BEEF STEW 134 calories
(Beef, Potato, Onion, Garlic, Ginger, Celery, Bay Leaves, Tomato Paste Demi-Glace, Carrot)

WHITE RICE 100 calories

SIDE DISH

ROAST POTATO 88 calories
(Potato, Herbs, Salt, Pepper, Basil)

VEGETARIAN

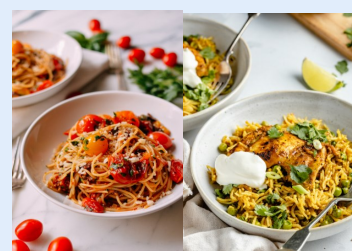
PUMPKIN CURRY 48 calories
(Pumpkin, Ginger, Garlic, Indian Spices, Onion, Tomato, Salt, Pepper)

PASTA

CHICKEN ALFREDO PASTA 242 calories
(Chicken, Penne Pasta, Milk, Cream, Oregano, Parsley, Onion, Garlic)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





September 30, 2024 Monday

Daily Menu

SOUP

LENTIL SOUP 135 calories *soup for pre-order only
(Dal, Butter, Flour, Cream, Celery, Garlic, Onion)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN PARMIGIANA 135 calories
(Chicken, Cream, Red Sauce, Parmesan Cheese, Salt, Pepper, Onion, Garlic)

WHITE RICE 100 calories

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

VEGETABLE KORMA 73 calories
(Carrot, Cauliflower, Potato, Beans, Onion, Garlic, Coriander, Cumin, Coconut Milk)

PASTA

SPAGHETTI BOLOGNESE 242 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**

