



May 1, 2024 Wednesday

Daily Menu

SOUP

CREAM OF TOMATO SOUP 98 calories *soup for pre-order only
(Tomato, Cream, tomato Paste, Vegetable Stock, Flour, Butter, Onion, Garlic)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF STEW 173 calories
(Beef, Potato, Onion, Garlic, Ginger, Celery, Bay Leaves, Tomato Paste Demi-Glace, Carrot)

HERB GRILLED FISH 132 calories
(Fish, Garlic, Oregano, Parsley, Salt, Pepper, Butter, Flour)

WHITE RICE 100 calories

SIDE DISH

ROASTED VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

CHICKPEAS CURRY 157 calories
(Chickpeas, Onion, Garlic Paste, Tomato, Salt, Pepper, Turmeric, Coriander, Cumin)

PASTA

CREAMY CHICKEN CARBONARA 122 calories
(Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 2, 2024 Thursday

Daily Menu

SOUP

HOT N' SOUR SOUP 72 calories *soup for pre-order only
(Cabbage, Leeks, Carrot, Lemon Grass, Soya Sauce)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

BUTTER CHICKEN 146 calories
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE 100 calories
(Basmati Rice, Salt, Corn Oil)

SIDE DISH

GRILLED VEGETABLE 48 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

VEGETABLE AU GRATIN 41 calories
(Mix Vegetable, Cream, Salt, Pepper, Flour, Mozzarella Cheese, Sweetcorn, Garlic, Onion)

PASTA

CHERIE TOMATO PASTA 242 calories
(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 5, 2024 Sunday

Daily Menu

SOUP

AMERICAN CORN CHOWDER SOUP 126 calories

(Corn, Vegetable Stock, Cream, Milk, Butter, Flour, Celery, Salt, Pepper, Garlic, Onion)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF WITH BROWN GRAVY 154calories

(Beef, Salt, Pepper, Garlic, Onion, Demi-Glace, Cooking Cream, Rosemary, Corn Oil)

WHITE RICE 100 calories

SIDE DISH

HERB AND GARLIC POTATO 88 calories

(Potato, Garlic, Butter, Herbs, Basil, Salt, Pepper)

VEGETARIAN

VEGETABLE CHOPSEUY 51 calories

(Teriyaki Sauce, Capsicum, Carrot, Zucchini, Cauliflower, Broccoli, Soya Sauce, Oyster Sauce)

PASTA

CHICKEN ALFREDO PASTA 242 calories

(Chicken, Penne Pasta, Milk, Cream, Oregano, Parsley, Onion, Garlic)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 6, 2024 Monday

Daily Menu

SOUP

MACARONI CHICKEN SOUP 92 calories *soup for pre-order only
(Pumpkin, Veg Stock, Butter, Flour, Cream, Salt, Pepper, Garlic, Onion)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



BUFFET STYLE (PASTA DAY)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

CHICKEN PARMIGIANA 135 calories
(Chicken, Cream, Red Sauce, Parmesan Cheese, Salt, Pepper, Onion, Garlic)

CARROT RICE 344 calories
(Rice, Onion, Turmeric Powder, Cinnamon Stick, Cardamom, Cloves, Salt, Oil)

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

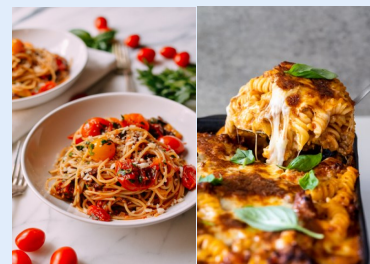
CREAMY BAKED VEGETABLE 75 calories
(Carrot, Cauliflower, Broccoli, Marrow, Onion, Garlic, Cooking Cream, Mozzarella, Butter, Flour, Milk)

PASTA

CHICKEN PENNE ARABIATTA 219 calories
(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Eggplant, Red Sauce, Chicken)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





May 7, 2024 Tuesday

Daily Menu

SOUP

CREAM OF PUMPKIN SOUP *49 calories* *soup for pre-order only
(Pumpkin, Garlic, Onion, Flour, Butter, Vegetable Stock, Cream)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (PASTA DAY)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

SWEET N' SOUR CHICKEN *106 calories*

(Chicken, Capsicum, Onion, Garlic, Pineapple, Sweet N' Sour Sauce, Ketchup, Oil, Corn Flour)

WHITE RICE *100 calories*

SIDE DISH

BUTTERED VEGETABLE *57 calories*

(Carrot, Cauliflower, Broccoli, Marrow, Garlic, Onion, Butter)

VEGETARIAN

ROAST PUMPKIN CURRY *84 calories*

(Pumpkin, Ginger, Garlic, Indian Spices, Onion, Tomato, Salt, Pepper)

PASTA

BAKE MACARONI *249 calories*

(Macaroni Pasta, Minced Beef, Milk, Cream, Parmesan, Cheddar Cheese, Salt, Pepper, Red Sauce)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 8, 2024 Wednesday

Daily Menu

SOUP

BEEF VEGETABLE SOUP 24 calories *soup for pre-order only
(Beef, Carrot, Potato, Celery, Cabbage, Garlic, Onion, Salt, Pepper, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

GRILLED BEEF WITH PEPPER SAUCE 150 calories
(Beef, Garlic, Mustard, Onion, Butter, Demi-Glace, Cream)

GRILLED FISH IN CAJUN SAUCE 121 calories
(Chicken, Lemon, Flour, Cajun Spice, Salt, Pepper)

WHITE RICE 100 calories

SIDE DISH

GRILLED VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

ZUCCHINI BAKED CASSEROLE 66 calories
(Marrow, Red Sauce Salt, Pepper, Mozzarella, Oregano, Onion, Garlic)

PASTA

CHICKEN AND MUSHROOM PASTA 235 calories
(Chicken, Farfalle Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 9, 2024 Thursday

Daily Menu

SOUP

CHICKEN MEXICAN SOUP 30 calories *soup for pre-order only
(Butter, Milk, Cream, Capsicum, Tomato, Red Kidney beans, Corn, Paprika)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

CHICKEN FAJITA 120 calories
(Chicken, Capsicum, Onion, Garlic, Coriander Powder, Cumin, Olive Oil, Garlic Paste, Red Sauce)

YELLOW RICE 344 calories
(Rice, Onion, Turmeric Powder, Cinnamon Stick, Cardamom, Cloves, Salt, Oil)

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

CAULIFLOWER CURRY 40 calories
(Cauliflower, Onion, Garlic, Cinnamon Stick, Cardamom, Cloves, Coriander, Cumin, Turmeric Powder)

PASTA

SPAGHETTI BOLOGNESE 260 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





May 12, 2024 Sunday

Daily Menu

SOUP

MINISTRONE SOUP 50 calories *soup for pre-order only
(Tomate Paste, Pasta, Carrot, Potato, Leeks, Celery, Onion, Cabbage)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF GOULASH 105 calories
(Beef, Honey, Tomato Paste, Potato, Carrot, Capsicum, Thyme, Cumin Powder, Cream)

WHITE RICE 100 calories

SIDE DISH

LAYONNAISE POTATO 73 calories
(Potato, Onion, Bay Leaves, Vinegar, Parsley)

VEGETARIAN

ALOO GOBI 73 calories
(Cauliflower, Potato, Cumin, Coriander, Turmeric, Chili, Garlic, Onion, Ginger)

PASTA

CREAMY CHICKEN CARBONARA 122 calories
(Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 13, 2024 Monday

Daily Menu

SOUP

CREAM OF MUSHROOM SOUP 72 calories *soup for pre-order only
(Mushroom, Cream, Salt, Pepper, Onion, Garlic, Butter, Flour, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BUTTER CHICKEN 146 calories
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE 100 calories

SIDE DISH

BAKED VEGETABLE 75 calories
(Carrot, Cauliflower, Broccoli, Marrow, Onion, Garlic, Cooking Cream, Mozzarella, Butter, Flour)

VEGETARIAN

EGGPLANT PARMIGIANA 52 calories
(Eggplant, Indian Spices, Parsley, Mozzarella Cheese, Parmesan Cheese, Red Sauce, White Sauce, Salt, Pepper)

PASTA

CHERIE TOMATO SAUCE PASTA 242 calories
(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 14, 2024 Tuesday

Daily Menu

SOUP

THAI RED CHICKEN PUMPKIN SOUP 20 calories *soup for pre-order only
(Chicken, Pumpkin, Red Curry Paste, Lemon Grass, Vegetable Stock, Garlic, Onion, Cream)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF MONGOLIAN 96 calories
(Beef, Onion, Garlic, Capsicum, Soya Sauce, Oyster Sauce, Corn Flour)

WHITE RICE 100 calories

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

BAMIA 75 calories
(Lady Finger, Ginger, Garlic, Peeled Tomato, White Onion, Salt, Tomato Paste)

PASTA

MEAT LASAGNA 290 calories
(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 15, 2024 Wednesday

Daily Menu

SOUP

CHICKEN NOODLE SOUP 78 calories *soup for pre-order only
(Chicken, Noodles, Onion, Garlic, Chicken Stock, Carrot)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH OPTION 1

GRILLED CHICKEN IN CAJUN SAUCE 121 calories
(Chicken, Lemon, Flour, Cajun Spice, Salt, Pepper)

MAIN DISH OPTION 2

FISH IN LEMON BUTTER SAUCE 139 calories
(Fish, Lemon, Butter, Garlic, Salt, Pepper, Parsley)

HERB RICE 361 calories
(Rice, Thyme, Parsley, Oregano, Butter, Bay Leaves, Cardamom, Cloves)

SIDE DISH

SAUTEED VEGETABLE 46 calories
(Carrot, Cauliflower, Broccoli, Marrow, Garlic, Onion, Butter)

VEGETARIAN

CAULIFLOWER CURRY 40 calories
(Cauliflower, Onion, Garlic, Cinnamon Stick, Cardamom, Cloves, Coriander, Cumin, Turmeric Powder)

PASTA

SPAGHETTI BOLOGNESE 122 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 16, 2024 Thursday

Daily Menu

SOUP

LENTIL SOUP 155 calories *soup for pre-order only
(Dal, Butter, Flour, Cream, Celery, Garlic, Onion)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN BIRYANI 121 calories
(Chicken, Rice, Onion, Garlic, Biryani Masala, Tomato, Yoghurt, Garam Masala, Turmeric, Cumin, Coriander Powder)

SIDE DISH

ROAST VEGETABLE 460calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

VEGETABLE BIRYANI 172 calories
(Carrot, Potato, Green Beans, Peas, Tomato, Rice, Garam Masala, Cumin, Coriander, Turmeric Powder, Biryani Masala, Yoghurt)

PASTA

CHICKEN PRIMAVERA PASTA 290 calories
(Chicken, Onion, Garlic, Milk, Cream, Pasta, Carrot, Beans, Capsicum, Parmesan)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 19, 2024 Sunday

Daily Menu

SOUP

CREAM OF BROCCOLI SOUP 50 calories *soup for pre-order only
(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

BEEF STROGANOFF 147 calories
(Beef, Onion, Garlic, Salt, Pepper, Demi-Glace, Cooking Cream, Capsicum, Mushroom)

WHITE RICE 100 calories

SIDE DISH

ROAST POTATO 88 calories
(Potato, Herbs, Salt, Pepper, Basil)

VEGETARIAN

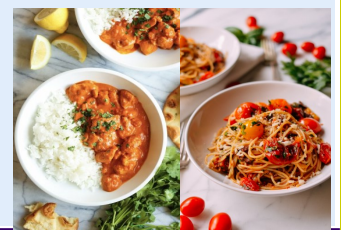
DAL MAHKNI 133 calories
(Green Dal, Onion, Garlic, Salt, Pepper, Tomato, Coriander, Cumin, Turmeric, Corn Oil)

PASTA

CHICKEN PENNE ARABIATTA 219 calories
(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Red Sauce, Chicken)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 20, 2024 Monday

Daily Menu

SOUP

CHICKEN N' SWEETCORN SOUP 40 calories *soup for pre-order only
(Chicken, Sweet Corn, Onion, Garlic, Salt, Pepper)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

CHICKEN CASSEROLE 117 calories
(Chicken, Tomato, Tomato Paste, Onion, Garlic, Cream, Mozzarella, Oregano, Basil)

WHITE RICE 100 calories

SIDE DISH

GRILLED VEGETABLE WITH MOZZARELLA 46 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic, Mozzarella)

VEGETARIAN

POTATO CURRY 84 calories
(Potato, Ginger, Garlic, Indian Spices, Onion, Tomato, Salt, Pepper)

PASTA

CHICKEN AND MUSHROOM PASTA 235 calories
(Chicken, Farfalle Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 21, 2024 Tuesday

Daily Menu

SOUP

FRENCH ONION SOUP 20 calories *soup for pre-order only
(Onion, Beef Stock, Soya Sauce, Salt, Garlic, Pepper, Ginger)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH Option 1

CHICKEN TERIYAKI 136 calories

(Chicken, Teriyaki Sauce, Soy Sauce, Ginger, Onion, Garlic, Corn Flour, Salt, Pepper)

WHITE RICE 100 calories

SIDE DISH

SAUTEED CARROT, CAULIFLOWER 48 calories

(Cauliflower, Carrot, Salt, Pepper)

VEGETARIAN

3 BEANS CASSEROLE 57 calories

(Red Beans, White Beans, Chickpeas, Red Sauce, Onion, Garlic, Celery, Oregano)

PASTA

BAKE BOLOGNESE 260 calories

(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

SMALL PORTION **QAR 19.00**

BIG PORTION **QAR 23.00**





May 22, 2024 Wednesday

Daily Menu

SOUP

CREAM OF ASPARAGUS SOUP 49 calories *soup for pre-order only
(Asparagus, Butter, Onion, Garlic, Celery, Cream, Corn Flour, Vegetable Stock)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00



MAIN DISH OPTION 1

CHICKEN IN LEMON BUTTER SAUCE 147 calories
(Chicken, Lemon, Butter, Garlic, Salt, Pepper, Parsley, Chicken Stock)

MAIN DISH OPTION 2

FISH IN DILL CREAMY SAUCE 149 calories
(Fish, Onion, Garlic, Coriander Powder, Cumin Powder, Dill, Fresh Cream, Corn Oil, Butter, Flour)

CORN N' PEPPER RICE 332 calories
(Rice, Capsicum, Corn, Oil, Salt, Cinnamon Stick, Bay Leaves, Cardamom, Cloves)

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

VEGETABLE KORMA 57 calories
(Carrot, Cauliflower, Potato, Beans, Onion, Garlic, Coriander, Cumin, Coconut Milk)

PASTA

CHICKEN ALFREDO PASTA 235 calories
(Chicken, Penne Pasta, Milk, Cream, Oregano, Parsley, Onion, Garlic)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





May 23, 2024 Thursday

Daily Menu

SOUP

CHICKEN CLEAR SOUP *49 calories *soup for pre-order only*
(Chicken, Carrot, Potato, Leek, Chicken Stock, Garlic, Onion, Parsley)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

BUTTER CHICKEN *146 calories*
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE *100 calories*

SIDE DISH

STEAMED VEGETABLE *40 calories*
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

DAL FRY *167 calories*
(Dal, Tomato, Onion, Garlic Paste, Cumin, Coriander, Turmeric, Salt, Pepper, Corn Oil)

PASTA

SPAGHETTI BOLOGNESE *260 calories*
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 26, 2024 Sunday

Daily Menu

SOUP

CHICKEN MANCHOW SOUP 141 calories *soup for pre-order only
(Chicken, Capsicum, Cabbage, Carrot, Pasta, Soya Sauce, Garlic, Onion)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

GRILLED BEEF WITH MUSHROOM SAUCE 154 calories
(Beef, Demi-Glace, Rosemary, Garlic, Onion, Cream, Olive Oil, Mushroom)

WHITE RICE 361 calories
(Rice, Thyme, Parsley, Oregano, Butter, Bay Leaves, Cardamom, Cloves)

SIDE DISH

HERB POTATO 92 calories
(Potato, Oregano, Garlic Paste, Salt, Pepper, Basil, Butter)

VEGETARIAN

CAULIFLOWER AND CARROT CURRY 84 calories
(Cauliflower, Carrot, Onion, Garlic, Cinnamon Stick, Cardamom, Cloves, Coriander, Cumin, Turmeric Powder)

PASTA

CHICKEN PRIMAVERA PASTA 290 calories
(Chicken, Onion, Garlic, Milk, Cream, Pasta, Carrot, Beans, Capsicum, Parmesan)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 27, 2024 Monday

Daily Menu

SOUP

CREAM OF BROCCOLI SOUP 50 calories *soup for pre-order only
(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN PARMIGIANA 135 calories
(Chicken, Cream, Red Sauce, Parmesan Cheese, Salt, Pepper, Onion, Garlic)

WHITE RICE 100 calories

SIDE DISH

BUTTERED VEGETABLE 57 calories
(Carrot, Cauliflower, Broccoli, Marrow, Garlic, Onion, Butter)

VEGETARIAN

EGGPLANT PARMIGIANA 52 calories
(Eggplant, Indian Spices, Parsley, Mozzarella Cheese, Parmesan Cheese, Red Sauce, White Sauce, Salt, Pepper)

PASTA

CHERIE TOMATO PASTA 242 calories
(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 28, 2024 Tuesday

Daily Menu

SOUP

MEXICAN BEANS SOUP 82 calories *soup for pre-order only
(Red Beans, White Beans, Sweet Corn, Carrot, Marrow, Leeks, Vegetable Stock, Potatoes)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

BEEF STIR FRY 136 calories
(Beef, Oyster Sauce, Soya Sauce, Ginger, Onion, Garlic, Corn Flour, Capsicum)

WHITE RICE 100 calories

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

COCONUT DAL 144 calories
(Dal, Onion, Tomato, Garlic, Coconut Milk, Corn Oil, Curry Powder, Curry Leaves, Turmeric Powder)

PASTA

MEAT LASAGNA 290 calories
(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 29, 2024 Wednesday

Daily Menu

SOUP

VEGETABLE SWEETCORN SOUP 40calories *soup for pre-order only
(Sweet Corn, Onion Spring, Carrots, Beans, Garlic, Salt, Pepper, Leeks)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH OPTION 1

CHICKEN AFRITADA 163 calories
(Chicken, Bell Pepper, Green peas, Carrot, Potato, Cheese, Tomato Sauce. Salt, Pepper)

MAIN DISH OPTION 2

FISH IN GOURMET SAUCE 163 calories
(Fish, Onion, Garlic, Carrot, Mushroom, Marrow, Cooking Cream, Coriander Powder, Cumin Powder, Butter, Flour)

WHITE RICE 100 calories

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

THAI RED CURRY VEGETABLE 95 calories
(Thai Red Curry Paste, Onion, Tomato, Mixed Vegetable, Cauliflower, Cumin, Turmeric, Coriander, Oil)

PASTA

SPAGHETTI BOLOGNES 260 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





May 30, 2024 Thursday

Daily Menu

SOUP

CREAM OF SPINACH SOUP 92 calories *soup for pre-order only
(Spinach, Cream, Salt, Pepper, Onion, Garlic, Butter, Flour, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

MAIN DISH

CHICKEN BIRYANI 173 calories
(Chicken, Rice, Onion, Garlic, Biryani Masala, Tomato, Yoghurt, Garam Masala, Turmeric, Cumin, Coriander Powder)

SIDE DISH

GRILLED VEGETABLE 48 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

VEGETABLE BIRYANI 57 calories
(Carrot, Potato, Green Beans, Peas, Tomato, Rice, Garam Masala, Cumin, Coriander, Turmeric Powder, Biryani Masala, Yoghurt)

PASTA

CHICKEN AND MUSHROOM PASTA 242 calories
(Chicken, Pasta, Milk, Cream, Oregano, Parsley, Onion, Garlic)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**

