



April 1, 2024 Monday

Daily Menu

SOUP

CREAM OF ASPARAGUS SOUP 49 calories *soup for pre-order only
(Asparagus, Butter, Onion, Garlic, Celery, Cream, Corn Flour, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN PARMIGIANA 135 calories
(Chicken, Cream, Red Sauce, Parmesan Cheese, Salt, Pepper, Onion, Garlic)

WHITE RICE 100 calories

SIDE DISH

HERB AND GARLIC POTATO 88 calories
(Potato, Garlic, Butter, Herbs, Basil, Salt, Pepper)

VEGETARIAN

RATATOUILLE 95 calories
(Eggplant, Zucchini, Capsicum, Squash, Olive Oil, Onion, Garlic, Thyme, Tomato, Basil, Salt, Pepper)

PASTA

SPAGHETTI BOLOGNESE 260 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 2, 2024 Tuesday

Daily Menu

SOUP

TOMATO SOUP 33 calories *soup for pre-order only
(Tomato, Salt, Pepper, Onion, Garlic, Tomato Paste, Celery)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

BEEF BROCCOLI 108 calories
(Beef, Broccoli, Soya Sauce, Oyster sauce, Ginger, Garlic, Onion, Salt, Pepper, Corn Flour)

WHITE RICE 100 calories
(Basmati Rice, Salt, Corn Oil)

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

CHICKPEAS CURRY 157 calories
(Chickpeas, Onion, Garlic Paste, Tomato, Salt, Pepper, Turmeric, Coriander, Cumin)

PASTA

BAKE MACARONI 249 calories
(Macaroni Pasta, Minced Beef, Milk, Cream, Parmesan, Cheddar Cheese, Salt, Pepper, Red Sauce)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 3, 2024 Wednesday

Daily Menu

SOUP

MINISTRONE SOUP 50 calories

(Tomate Paste, Pasta, Carrot, Potato, Leeks, Celery, Onion, Cabbage)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

Option 1

CHICKEN TERIYAKI 130 calories

(Chicken, Teriyaki Sauce, Soy Sauce, Ginger, Onion, Garlic, Corn Flour, Salt, Pepper)

Option 2

GRILLED FISH IN CAJUN SAUCE 121 calories

(Chicken, Lemon, Flour, Cajun Spice, Salt, Pepper)

CARROT AND ONION RICE 324 calories

(Chicken, Lemon, Flour, Cajun Spice, Salt, Pepper)

SIDE DISH

ROAST VEGETABLE 40 calories

(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

VEGETABLE KORMA 73 calories

(Carrot, Cauliflower, Potato, Beans, Onion, Garlic, Coriander, Cumin, Coconut Milk)

PASTA

CHERIE TOMATO SAUCE PASTA 242 calories

(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 4, 2024 Thursday

Daily Menu

SOUP

CREAM OF MUSHROOM SOUP 72 calories *soup for pre-order only
(Mushroom, Cream, Salt, Pepper, Onion, Garlic, Butter, Flour, Vegetable Stock, Celery)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN BIRYANI 147 calories
(Chicken, Lemon, Butter, Garlic, Salt, Pepper, Parsley, Chicken Stock)

SIDE DISH

GRILLED VEGETABLE 48 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

RED BEANS CURRY 321 calories
(Red Beans, Salt, Pepper, Coriander, Turmeric, Cumin, Onion, Garlic, Tomato, Oil)

PASTA

CHICKEN ALFREDO PASTA 242 calories
(Chicken, Penne Pasta, Milk, Cream, Oregano, Parsley, Onion, Garlic)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 7, 2024 Sunday

Daily Menu

SOUP

FRENCH ONION SOUP *20 calories* *soup for pre-order only
(Onion, Beef Stock, Soya Sauce, Salt, Garlic, Pepper, Ginger)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF STROGANOFF *147 calories*
(Beef, Onion, Garlic, Salt, Pepper, Demi-Glace, Cooking Cream, Capsicum, Mushroom)

WHITE RICE *100 calories*

SIDE DISH

MASHED POTATO *229 calories*
(Potato, Butter, Milk, Salt, Sugar, Cream)

VEGETARIAN

PUMPKIN CURRY *84 calories*
(Pumpkin, Ginger, Garlic, Indian Spices, Onion, Tomato, Salt, Pepper)

PASTA

CHICKEN PENNE ARABIATTA *219 calories*
(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Eggplant, Red Sauce, Chicken)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 8, 2024 Monday

Daily Menu

SOUP

HOT N' SOUR SOUP 72 calories *soup for pre-order only
(Cabbage, Leeks, Carrot, Lemon Grass, Soya Sauce)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BUTTER CHICKEN 146 calories
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE 100 calories

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

VEGETABLE AU GRATIN 133 calories
(Mix vegetable, cream, salt, pepper, flour, mozzarella cheese, sweetcorn, garlic, Onion)

PASTA

CHICKEN CARBONARA 122 calories
(Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 9, 2024 Tuesday

Daily Menu

SOUP

CREAM OF BROCCOLI SOUP 50 calories *soup for pre-order only
(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

CHICKEN MONGOLIAN 135 calories
(Chicken, Cream, Red Sauce, Parmesan Cheese, Salt, Pepper, Onion, Garlic)

WHITE RICE 100 calories

SIDE DISH

GRILLED VEGETABLE 48 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

MIXED VEGETABLE CURRY 61 calories
(Carrot, Potato, Beans, Cauliflower, Green Peas, Salt, Pepper, Cumin, Turmeric, Coriander, Chili, Onion, Garlic)

PASTA

MEAT LASAGNA 290 calories
(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 10, 2024 Wednesday

Daily Menu

SOUP

CREAM OF BROCCOLI SOUP 50 calories *soup for pre-order only
(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH Option 1

CHICKEN WITH CAJUN SAUCE 121 calories
(Chicken, Lemon, Flour, Cajun Spice, Salt, Pepper)

MAIN DISH Option 2

GRILLED FISH IN LEMON BUTTER SAUCE 139 calories
(Fish, Lemon, Butter, Garlic, Salt, Pepper, Parsley)

WHITE RICE 100 calories

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

DAL MAHKNI 1363 calories
(Green Dal, Onion, Garlic, Salt, Pepper, Tomato, Coriander, Cumin, Turmeric, Corn Oil)

PASTA

SPAGHETTI BOLOGNESE 260 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste)

SMALL PORTION **QAR 19.00**

BIG PORTION **QAR 23.00**





April 21, 2024 Sunday

Daily Menu

SOUP

VEGETABLE SWEETCORN SOUP 40 calories *soup for pre-order only
(Sweet Corn, Onion Spring, Carrots, Beans, Garlic, Salt, Pepper, Leeks)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF WITH MUSHROOM SAUCE 173 calories
(Beef, Demi-Glace, Rosemary, Garlic, Onion, Cream, Olive Oil, Mushroom)

WHITE RICE 100 calories

SIDE DISH

ROASTED POTATO 88 calories
(Potato, Herbs, Salt, Pepper, Basil)

VEGETARIAN

BAMIA 40 calories
(Lady Finger, Ginger, Garlic, Peeled Tomato, White Onion, Salt, Tomato Paste)

PASTA

CHERIE TOMATO SAUCE 242 calories
(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 22, 2024 Monday

Daily Menu

SOUP

FRENCH ONION SOUP 40 calories *soup for pre-order only
(Sweet Corn, Onion Spring, Carrots, Beans, Garlic, Salt, Pepper, Leeks)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

BUTTER CHICKEN 146 calories
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

WHITE RICE 100 calories

SIDE DISH

GRILLED VEGETABLE 48 calories
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

ZUCCHINI BAKED CASSEROLE 66 calories
(Marrow, Red Sauce Salt, Pepper, Mozzarella, Oregano, Onion, Garlic)

PASTA

CHICKEN AND MUSHROOM PASTA 235 calories
(Chicken, Farfalle Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 23, 2024 Tuesday

Daily Menu

SOUP

CREAM OF CARROT SOUP 68 calories *soup for pre-order only
(Carrot, Butter, Onion, Garlic, Celery, Cream, Flour, Vegetable Stock)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

BEEF STIR FRY 136 calories
(Beef, Oyster Sauce, Soya Sauce, Ginger, Onion, Garlic, Corn Flour, Capsicum)

WHITE RICE 100 calories
(Basmati Rice, Salt, Corn Oil)

SIDE DISH

ROAST VEGETABLE 40 calories
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

VEGETARIAN

ALOO GOBI 73 calories
(Cauliflower, Potato, Cumin, Coriander, Turmeric, Chili, Garlic, Onion, Ginger)

PASTA

MAC N' CHEESE 316 calories
(Macaroni, Cheddar Cheese, Garlic, Onion, Salt, Pepper, Mozzarella Cheese, Parmesan Cheese, Oregano, Pepper)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 24, 2024 Wednesday

Daily Menu

SOUP

CREAM OF CORN SOUP 150 calories *soup for pre-order only
(Corn, Cream, Flour, Butter, Vegetable Stock, Salt, Pepper, Garlic, Onion)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (PASTA DAY)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN IN LEMON BUTTER SAUCE 147 calories
(Chicken, Lemon, Butter, Garlic, Salt, Pepper, Parsley, Chicken Stock)

FISH IN DILL CREAMY SAUCE 149 calories
(Fish, Onion, Garlic, Coriander Powder, Cumin Powder, Dill, Fresh Cream, Corn Oil, Butter, Flour)

WHITE RICE 100 calories

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

PUMPKIN CURRY 84 calories
(Pumpkin, Ginger, Garlic, Indian Spices, Onion, Tomato, Salt, Pepper)

PASTA

CHICKEN PENNE ARABIATTA 219 calories
(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Eggplant, Red Sauce, Chicken)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 25, 2024 Thursday

Daily Menu

SOUP

CREAM OF BROCCOLI SOUP 50 calories *soup for pre-order only
(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

CHICKEN BIRYANI 173 calories

(Chicken, Rice, Onion, Garlic, Biryani Masala, Tomato, Yoghurt, Garam Masala, Turmeric, Cumin, Coriander Powder)

SIDE DISH

GRILLED VEGETABLE 48 calories

(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

VEGETARIAN

VEGETABLE JALFREZI 161 calories

(Capsicum, White Onion, Garlic, Carrot, Tomato, Coriander, Cauliflower, Broccoli, Marrow, Tomato Paste, Turmeric Powder, Masala, Salt, Pepper, Oil)

PASTA

CHICKEN PRIMAVERA PASTA SAUCE 290 calories

(Chicken, Onion, Garlic, Milk, Cream, Pasta, Carrot, Beans, Capsicum, Parmesan)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 28, 2024 Sunday

Daily Menu

SOUP

MINISTRONE SOUP 50 calories *soup for pre-order only
(Tomate Paste, Pasta, Carrot, Potato, Leeks, Celery, Onion, Cabbage)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

BEEF STROGANOFF 147 calories
(Beef, Onion, Garlic, Salt, Pepper, Demi-Glace, Cooking Cream, Capsicum, Mushroom)

WHITE RICE 100 calories

SIDE DISH

LAYONNAISE POTATO 73 calories
(Potato, Onion, Bay Leaves, Vinegar, Parsley)

VEGETARIAN

THAI RED VEGETABLE CURRY 95 calories
(Thai Red Curry Paste, Onion, Tomato, Mixed Vegetable, Cauliflower, Cumin, Turmeric, Coriander, Oil)

PASTA

SPAGHETTI WITH MEATBALLS 260 calories
(Spaghetti, Onion, Garlic, Salt, Pepper, Tomato, Beef, Oregano, Basil)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 29, 2024 Monday

Daily Menu

SOUP

CREAM OF CHICKEN SOUP 92 calories *soup for pre-order only
(Cream, Chicken, Chicken Stock, Salt, Pepper, Butter, Flour)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**



BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

MAIN DISH

CHICKEN WITH PEPPER SAUCE 138 calories
(Chicken, Onion, Garlic, Rosemary, Demi-Glace, Cooking Cream)

CARROT AND ONION RICE 324 calories
(Rice, Carrot, Onion, Turmeric, Oil, Salt, Bay Leaves, Cardamom, Cloves)

SIDE DISH

STEAMED VEGETABLE 40 calories
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

VEGETARIAN

3 BEANS CASSEROLE 257 calories
(Red Beans, White Beans, Chickpeas, Red Sauce, Onion, Garlic, Celery, Oregano)

PASTA

SPAGHETTI BOLOGNESE 260 calories
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**





April 30, 2024 Tuesday

Daily Menu

SOUP

CHICKEN MANCHOW SOUP 141 calories *soup for pre-order only
(Chicken, Capsicum, Cabbage, Carrot, Pasta, Soya Sauce, Garlic, Onion)

1 SMALL BOWL **QAR 7.75**

2 BIG BOWL **QAR 14.00**

BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION **QAR 20.00**

2 BIG PORTION **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



MAIN DISH

CHICKEN BBQ 130 calories
(Chicken, Onion, Garlic, BBQ Sauce, Tomato Ketchup)

WHITE RICE 100 calories

SIDE DISH

SAUTEED VEGETABLE 40 calories
(Carrot, Cauliflower, Broccoli, Marrow, Garlic, Onion, Butter)

VEGETARIAN

DAL FRY 167 calories
(Dal, Tomato, Onion, Garlic Paste, Cumin, Coriander, Turmeric, Salt, Pepper, Corn Oil)

PASTA

MEAT LASAGNA 290 calories
(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

1 SMALL PORTION **QAR 19.00**

2 BIG PORTION **QAR 23.00**

