



March 3, 2024 Sunday

## Daily Menu

### SOUP

**CHICKEN MANCHOW SOUP** 141 calories \*soup for pre-order only  
(Chicken, Capsicum, Cabbage, Carrot, Pasta, Soya Sauce, Garlic, Onion)

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL      **QAR 14.00**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



### MAIN DISH

**BEEF STROGANOFF** 147 calories  
(Beef, Onion, Garlic, Salt, Pepper, Demi-Glace, Cooking Cream, Capsicum, Mushroom)

**WHITE RICE** 100 calories

**MASHED POTATO** 229 calories  
(Potato, Butter, Milk, Salt, Sugar, Cream)

### SIDE DISH

**STEAMED VEGETABLE** 48 calories  
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

### VEGETARIAN

**PUMPKIN CURRY** 84 calories  
(Pumpkin, Ginger, Garlic, Indian Spices, Onion, Tomato, Salt, Pepper)

### PASTA

**CREAMY CHICKEN CARBONARA** 122 calories  
(Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





March 4, 2024 Monday

## Daily Menu

### SOUP

**CREAM OF ASPARAGUS SOUP** 28 calories \*soup for pre-order only  
(Asparagus, Butter, Onion, Garlic, Celery, Cream, Corn Flour, Vegetable Stock )

**1** SMALL BOWL      QAR 7.75

**2** BIG BOWL          QAR 14.00

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION    QAR 20.00

**2** BIG PORTION        QAR 24.00

HOT FOOD AND VEGETARIAN COMBO    QAR 27.00



### MAIN DISH

**BUTTER CHICKEN** 146 calories  
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

**WHITE RICE** 100 calories  
(Basmati Rice, Salt, Corn Oil)

### SIDE DISH

**ROAST VEGETABLE** 40 calories  
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

### VEGETARIAN

**SAUTEED CARROT AND CAULIFLOWER** 41 calories  
(Carrot, Cauliflower, Salt, Pepper)

### PASTA

**PASTA IN CHERIE TOMATO SAUCE** 242 calories  
(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper )

**1** SMALL PORTION    QAR 19.00

**2** BIG PORTION        QAR 23.00





March 5, 2024 Tuesday

## Daily Menu

### SOUP

#### **TOMATO SOUP** 33 calories

(Tomato, Salt, Pepper, Onion, Garlic, Tomato Paste, Celery )

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL      **QAR 14.00**

### BUFFET STYLE

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



### MAIN DISH

#### **BEEF TERIYAKI** 136 calories

(Beef, Teriyaki Sauce, Soy Sauce, Ginger, Onion, Garlic, Corn Flour, Salt, Pepper )

#### **WHITE RICE** 100 calories

### PASTA

#### **MEAT LASAGNA** 290 calories

(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

#### **PASTA WITH WHITE SAUCE W/ GRILLED CHICKEN** 266 calories

(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

#### **PASTA WITH RED SAUCE W/ GRILLED CHICKEN** 181 calories

(Penne Pasta, Tomato Sauce, Tomato Paste, Onion, Garlic, Celery, Leeks, Carrot, Vegetable Oil)

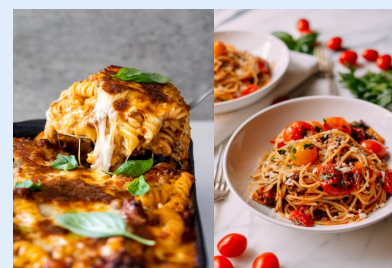
### SIDE DISH

#### **BUTTERED VEGETABLE** 57 calories

(Carrot, Cauliflower, Broccoli, Marrow, Garlic, Onion, Butter)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





March 6, 2024 Wednesday

## Daily Menu

### SOUP

**MINISTRONE SOUP** 50 calories \*soup for pre-order only  
(Tomate Paste, Pasta, Carrot, Potato, Leeks, Celery, Onion, Cabbage)

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL      **QAR 14.00**



### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**

### MAIN DISH OPTION 1

**GRILLED CHICKEN IN LEMON BUTTER SAUCE** 147 calories  
(Chicken, Lemon, Butter, Garlic, Salt, Pepper, Parsley, Chicken Stock)

### MAIN DISH OPTION 2

**GRILLED FISH IN CAJUN SAUCE** 121 calories  
(Fish, Lemon, Flour, Cajun Spice, Salt, Pepper)

**WHITE RICE** 100 calories

### SIDE DISH

**GRILLED VEGETABLE** 48 calories  
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

### VEGETARIAN

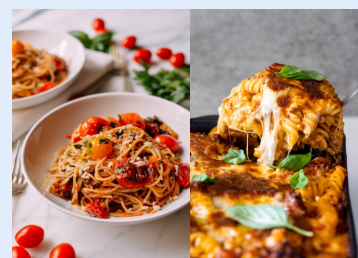
**HERB AND GARLIC POTATO** 88 calories  
(Potato, Garlic, Butter, Herbs, Basil, Salt, Pepper)

### PASTA

**SPAGHETTI WITH MEATBALLS** 260 calories  
(Spaghetti, Onion, Garlic, Salt, Pepper, Tomato, Beef, Oregano, Basil)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





March 7, 2024 Thursday

## Daily Menu

### SOUP

**CREAM OF MUSHROOM SOUP** 72 calories \*soup for pre-order only  
(Mushroom, Cream, Salt, Pepper, Onion, Garlic, Butter, Flour, Vegetable Stock, Celery)

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL      **QAR 14.00**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO      **QAR 27.00**



### MAIN DISH

**CHICKEN BIRYANI** 173 calories  
(Chicken, Rice, Onion, Garlic, Biryani Masala, Tomato, Yoghurt, Garam Masala, Turmeric, Cumin, Coriander Powder )

### SIDE DISH

**STEAMED VEGETABLES** 40 calories  
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper )

### VEGETARIAN

**STIR FRY VEGETABLES** 46 calories  
(Carrot, Capsicum, Cabbage, Zucchini, Green Beans, Soya Sauce, Oyster Sauce)

### PASTA

**CHICKEN PRIMAVERA SAUCE PASTA** 290 calories  
(Chicken, Onion, Garlic, Milk, Cream, Pasta, Carrot, Beans, Capsicum, Parmesan )

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**







March 10, 2024 Sunday

## Daily Menu

### SOUP

**FRENCH ONION SOUP** 20 calories \*soup for pre-order only  
(Onion, Beef Stock, Soya Sauce, Salt, Garlic, Pepper, Ginger)

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL      **QAR 14.00**



### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO      **QAR 27.00**

### MAIN DISH

**BEEF WITH MUSHROOM SAUCE** 154 calories  
(Beef, Demi-Glace, Rosemary, Garlic, Onion, Cream, Olive Oil, Mushroom)

**WHITE RICE** 100 calories

**MASHED POTATO** 229 calories  
(Potato, Butter, Milk, Salt, Sugar, Cream )

### SIDE DISH

**ROAST VEGETABLE** 40 calories  
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

### VEGETARIAN

**SAUTEED VEGETABLE** 46 calories  
(Carrot, Cauliflower, Broccoli, Marrow, Garlic, Onion, Butter)

### PASTA

**CHICKEN PENNE ARRABIATTA** 260 calories  
(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Eggplant, Red Sauce, Chicken )

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





**March 11, 2024 Monday**

## Daily Menu

### SOUP

**HOT N' SOUR SOUP** 72 calories \*soup for pre-order only  
(Cabbage, Leeks, Carrot, Lemon Grass, Soya Sauce )

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL          **QAR 14.00**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION    **QAR 20.00**

**2** BIG PORTION        **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO    **QAR 27.00**



### MAIN DISH

**CHICKEN PARMIGIANA** 135 calories  
(Chicken, Cream, Red Sauce, Parmesan Cheese, Salt, Pepper, Onion, Garlic)

**CARROT AND ONION RICE** 324 calories  
(Rice, Carrot, Onion, Turmeric, Oil, Salt, Bay Leaves, Cardamom, Cloves)

### SIDE DISH

**GRILLED VEGETABLE** 48 calories  
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

### VEGETARIAN

**BBQ POTATO** 89 calories  
(Potato, Garlic, Onion, Tomato Sauce, BBQ Sauce, Ketchup, Corn Oil )

### PASTA

**CHICKEN AND MUSHROOM PASTA** 235 calories  
(Chicken, Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream )

**1** SMALL PORTION    **QAR 19.00**

**2** BIG PORTION        **QAR 23.00**





March 12, 2024 Tuesday

## Daily Menu

### SOUP

**CREAM OF BROCCOLI SOUP** 40 calories \*soup for pre-order only  
(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

### BUFFET STYLE

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

### MAIN DISH

**CHICKEN MONGOLIAN** 96 calories  
(Beef, Onion, Garlic, Capsicum, Soya Sauce, Oyster Sauce, Corn Flour)

**WHITE RICE** 100 calories

### PASTA

**MEAT LASAGNA** 290 calories  
(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

**PASTA WITH WHITE SAUCE W/ SAUSAGE** 266 calories  
(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

**PASTA WITH RED SAUCE W/ SAUSAGE** 181 calories  
(Penne Pasta, Tomato Sauce, Tomato Paste, Onion, Garlic, Celery, Leeks, Carrot, Vegetable Oil)

### SIDE DISH

**STEAM VEGETABLE** 40 calories  
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00







March 13, 2024 Wednesday

## Daily Menu

### SOUP

**CHICKEN NOODLE SOUP** 78 calories \*soup for pre-order only  
(Chicken, Noodles, Onion, Garlic, Chicken Stock, Carrot)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

### BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

### MAIN DISH OPTION 1

**GRILLED BEEF IN PEPPER SAUCE** 147 calories  
(Beef, Onion, Garlic, Soya Sauce, Demi-Glace)

### MAIN DISH OPTION 2

**FISH IN DILL CREAMY SAUCE** 149 calories  
(Fish, Onion, Garlic, Coriander Powder, Cumin Powder, Dill, Fresh Cream, Corn Oil, Butter, Flour)

**WHITE RICE** 100 calories

### SIDE DISH

**ROAST VEGETABLE** 40 calories  
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

### VEGETARIAN

**GRILLED VEGETABLE WITH MOZZARELLA** 46 calories  
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic, Mozzarella)

### PASTA

**SPAGHETTI WITH MEATBALLS** 242 calories  
(Spaghetti, Meatballs, Onion, Garlic, Salt, Pepper, Tomato, Beef, Oregano, Basil)

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





March 14, 2024 Thursday

## Daily Menu

### SOUP

**LENTIL SOUP** 155 calories \*soup for pre-order only  
(Dal, Butter, Flour, Cream, Celery, Garlic, Onion )

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL          **QAR 14.00**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION    **QAR 20.00**

**2** BIG PORTION        **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO    **QAR 27.00**

### MAIN DISH

**BUTTER CHICKEN** 146 calories  
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

**WHITE RICE** 100 calories

### SIDE DISH

**GRILLED VEGETABLE** 48 calories  
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

### VEGETARIAN

**SAUTEED CARROT, CAULIFLOWER, BROCCOLI** 41 calories  
(Broccoli, Cauliflower, Carrot, Salt, Pepper)

### PASTA

**CREAMY CHICKEN CARBONARA** 122 calories  
(Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper )

**1** SMALL PORTION    **QAR 19.00**

**2** BIG PORTION        **QAR 23.00**





March 17, 2024 Sunday

## Daily Menu

### SOUP

**CHICKEN MEXICAN SOUP** 30 calories \*soup for pre-order only  
(Butter, Milk, Cream, Capsicum, Tomato, Red Kidney beans, Corn, Paprika )

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL      **QAR 14.00**



### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO      **QAR 27.00**

### MAIN DISH

**BEEF GOULASH** 105 calories  
(Beef, Honey, Tomato Paste, Potato, Carrot, Capsicum, Thyme, Cumin Powder, Cream)

**WHITE RICE** 100 calories

**MASHED POTATO** 229 calories  
(Potato, Butter, Milk, Salt, Sugar, Cream )

### SIDE DISH

**STEAMED VEGETABLE** 40 calories  
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

### VEGETARIAN

**CAULIFLOWER CURRY** 40 calories  
(Cauliflower, Onion, Garlic, Cinnamon Stick, Cardamom, Cloves, Coriander, Cumin, Turmeric Powder )

### PASTA

**CHERIE TOMATO SAUCE PASTA** 122 calories  
(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





March 18, 2024 Monday

## Daily Menu

### SOUP

**CHICKEN CLEAR SOUP** 92 calories \*soup for pre-order only  
(Chicken, Carrot, Potato, Leek, Chicken Stock, Garlic, Onion, Parsley)

1 SMALL BOWL QAR 7.75

2 BIG BOWL QAR 14.00

### BUFFET STYLE (MAIN COURSE)

1 SMALL PORTION QAR 20.00

2 BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

### MAIN DISH

**BUTTER CHICKEN** 146 calories  
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

**WHITE RICE** 100 calories

### SIDE DISH

**ROAST VEGETABLE** 48 calories  
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley )

### VEGETARIAN

**TERIYAKI VEGETABLES** 57 calories  
(Carrot, Marrow, Cauliflower, Broccoli, Capsicum, Teriyaki, Oyster, Soya Sauce )

### PASTA

**CHICKEN PRIMAVERA SAUCE PASTA** 290 calories  
(Chicken, Onion, Garlic, Milk, Cream, Pasta, Carrot, Beans, Capsicum, Parmesan )

1 SMALL PORTION QAR 19.00

2 BIG PORTION QAR 23.00





March 19, 2024 Tuesday

## Daily Menu

### SOUP

**PUMPKIN SOUP** 49 calories \*soup for pre-order only  
(Pumpkin, Garlic, Onion, Flour, Butter, Vegetable Stock)

**1** SMALL BOWL QAR 7.75

**2** BIG BOWL QAR 14.00

### BUFFET STYLE

**1** SMALL PORTION QAR 20.00

**2** BIG PORTION QAR 24.00

HOT FOOD AND VEGETARIAN COMBO QAR 27.00

### MAIN DISH

**CHICKEN BBQ** 130 calories  
(Chicken, Onion, Garlic, BBQ Sauce, Tomato Ketchup)

**WHITE RICE** 100 calories

### PASTA

**MEAT LASAGNA** 290 calories  
(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

**PASTA WITH WHITE SAUCE W/ GRILLED CHICKEN** 266 calories  
(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

**PASTA WITH RED SAUCE W/ GRILLED CHICKEN** 181 calories  
(Penne Pasta, Tomato Sauce, Tomato Paste, Onion, Garlic, Celery, Leeks, Carrot, Vegetable Oil)

### SIDE DISH

**GRILLED VEGETABLE** 48 calories  
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

**1** SMALL PORTION QAR 19.00

**2** BIG PORTION QAR 23.00







March 20, 2024 Wednesday

## Daily Menu

### SOUP

**CREAM OF CHICKEN SOUP** 92 *calories* \*soup for pre-order only  
(Cream, Chicken, Chicken Stock, Salt, Pepper, Butter, Flour )

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL          **QAR 14.00**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION    **QAR 20.00**

**2** BIG PORTION        **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO    **QAR 27.00**



### MAIN DISH Option 1

**BEEF STEW** 134 *calories*  
(Beef, Potato, Onion, Garlic, Ginger, Celery, Bay Leaves, Tomato Paste Demi-Glace, Carrot)

### MAIN DISH Option 2

**FISH IN LEMON BUTTER SAUCE** 139 *calories*  
(Fish, Lemon, Butter, Garlic, Salt, Pepper, Parsley)

**HERB RICE** 361 *calories*  
(Rice, Thyme, Parsley, Oregano, Butter, Bay Leaves, Cardamom, Cloves)

### SIDE DISH

**STEAMED VEGETABLE** 40 *calories*  
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

### VEGETARIAN

**LAYONNAISE POTATO** 73 *calories*  
(Potato, Onion, Bay Leaves, Vinegar, Parsley)

### PASTA

**SPAGHETTI WITH MEATBALLS** 260 *calories*  
(Spaghetti, Onion, Garlic, Salt, Pepper, Tomato, Beef, Oregano, Basil)

SMALL PORTION      **QAR 19.00**

BIG PORTION         **QAR 23.00**





March 21, 2024 Thursday

## Daily Menu

### SOUP

**AMERICAN CORN CHOWDER SOUP** 126 calories \*soup for pre-order only  
(Corn, Vegetable Stock, Cream, Milk, Butter, Flour, Celery, Salt, Pepper, Garlic, Onion)

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL      **QAR 14.00**



### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO      **QAR 27.00**

### MAIN DISH

**CHICKEN BIRYANI** 173 calories

(Chicken, Rice, Onion, Garlic, Biryani Masala, Tomato, Yoghurt, Garam Masala, Turmeric, Cumin, Coriander Powder)

### SIDE DISH

**ROAST VEGETABLE** 40 calories

(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

### VEGETARIAN

**STIR FRY VEGETABLE** 57 calories

(Carrot, Capsicum, Cabbage, Zucchini, Green Beans, Soya Sauce, Oyster Sauce)

### PASTA

**CHICKEN ALFREDO SAUCE** 242 calories

(Chicken, Penne Pasta, Milk, Cream, Oregano, Parsley, Onion, Garlic)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





March 24, 2024 Sunday

## Daily Menu

### SOUP

**VEGETABLE SWEET CORN SOUP** 40 calories \*soup for pre-order only  
(Sweet Corn, Onion Spring, Carrots, Beans, Garlic, Salt, Pepper, Leeks)

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL          **QAR 14.00**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION    **QAR 20.00**

**2** BIG PORTION        **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO    **QAR 27.00**



### MAIN DISH

**BEEF IN BROWN GRAVY** 154 calories  
(Beef, Salt, Pepper, Garlic, Onion, Demi-Glace, Cooking Cream, Rosemary, Corn Oil)

**WHITE RICE** 100 calories

**MASHED POTATO** 229 calories  
(Potato, Butter, Milk, Salt, Sugar, Cream)

### SIDE DISH

**GRILLED VEGETABLE** 48 calories  
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

### VEGETARIAN

**BUTTERED VEGETABLE** 57 calories  
(Carrot, Cauliflower, Broccoli, Marrow, Garlic, Onion, Butter)

### PASTA

**CHICKEN PENNE ARRABIATTA** 219 calories  
(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Eggplant, Red Sauce, Chicken)

**1** SMALL PORTION    **QAR 19.00**

**2** BIG PORTION        **QAR 23.00**





March 25, 2024 Monday

## Daily Menu

### SOUP

**CREAM OF CARROT SOUP** 68 calories \*soup for pre-order only  
(Carrot, Butter, Onion, Garlic, Celery, Cream, Flour, Vegetable Stock)

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL      **QAR 14.00**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO      **QAR 27.00**



### MAIN DISH

**CHICKEN CASSEROLE** 117 calories  
(Chicken, Tomato, Tomato Paste, Onion, Garlic, Cream, Mozzarella, Oregano, Basil)

**WHITE RICE** 100 calories  
(Basmati Rice, Salt, Corn Oil )

### SIDE DISH

**STEAMED VEGETABLE** 40 calories  
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

### VEGETARIAN

**VEGETABLE AU GRATIN** 133 calories  
(Mix Vegetable, Cream, Salt, Pepper, Flour, Mozzarella Cheese, Sweetcorn, Garlic, Onion)

### PASTA

**CREAMY CHICKEN CARBONARA** 122 calories  
(Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





March 26, 2024 Tuesday

## Daily Menu

### SOUP

**FRENCH ONION SOUP** 20 calories \*soup for pre-order only  
(Onion, Beef Stock, Soya Sauce, Salt, Garlic, Pepper, Ginger)

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL          **QAR 14.00**

### BUFFET STYLE (PASTA DAY)

**1** SMALL PORTION    **QAR 20.00**

**2** BIG PORTION        **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO **QAR 27.00**



### MAIN DISH

**BEEF BROCCOLI** 108 calories

(Beef, Broccoli, Soya Sauce, Oyster sauce, Ginger, Garlic, Onion, Salt, Pepper, Corn Flour)

**WHITE RICE** 100 calories

### PASTA

**MEAT LASAGNA** 290 calories

(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

**PASTA WITH WHITE SAUCE W/ SAUSAGE** 266 calories

(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

**PASTA WITH RED SAUCE W/ SAUSAGE** 181 calories

(Penne Pasta, Tomato Sauce, Tomato Paste, Onion, Garlic, Celery, Leeks, Carrot, Vegetable Oil)

### SIDE DISH

**ROAST VEGETABLE** 57 calories

(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil,

**1** SMALL PORTION    **QAR 19.00**

**2** BIG PORTION        **QAR 23.00**







March 27, 2024 Wednesday

## Daily Menu

### SOUP

**CREAM OF SPINACH SOUP** 49 calories \*soup for pre-order only  
(Spinach, Cream, Salt, Pepper, Onion, Garlic, Butter, Flour, Vegetable Stock)

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL          **QAR 14.00**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION    **QAR 20.00**

**2** BIG PORTION        **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO    **QAR 27.00**



### MAIN DISH OPTION 1

**CHICKEN STROGANOFF** 121 calories  
(Chicken, Capsicum, Celery, Mushroom, Butter, Demi- Glace, Cream )

### MAIN DISH OPTION 2

**FISH IN GOURMET SAUCE** 139 calories  
(Fish, Onion, Garlic, Carrot, Mushroom, Marrow, Cooking Cream, Coriander Powder, Cumin Powder, Butter, Flour)

**WHITE RICE** 100 calories

### SIDE DISH

**GRILLED VEGETABLE** 48 calories  
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic )

### VEGETARIAN

**SAUTEED CAULIFLOWER, CARROT** 88 calories  
(Cauliflower, Carrot, Salt, Pepper )

### PASTA

**CHICKEN PRIMAVERA PASTA SAUCE** 290 calories  
(Chicken, Onion, Garlic, Milk, Cream, Pasta, Carrot, Beans, Capsicum, Parmesan )

**1** SMALL PORTION    **QAR 19.00**

**2** BIG PORTION        **QAR 23.00**





March 28, 2024 Thursday

## Daily Menu

### SOUP

**CREAM OF BROCCOLI SOUP** 155 calories \*soup for pre-order only  
(Dal, Butter, Flour, Cream, Celery, Garlic, Onion )

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL          **QAR 14.00**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION    **QAR 20.00**

**2** BIG PORTION        **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO    **QAR 27.00**

### MAIN DISH

**BUTTER CHICKEN** 146 calories  
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

**WHITE RICE** 100 calories

### SIDE DISH

**STEAM VEGETABLE** 40 calories  
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper )

### VEGETARIAN

**HERB AND GARLIC POTATO** 88 calories  
(Potato, Garlic, Butter, Herbs, Basil, Salt, Pepper)

### PASTA

**SPAGHETTI WITH MEATBALLS** 260 calories  
(Spaghetti, Onion, Garlic, Salt, Pepper, Tomato, Beef, Oregano, Basil)

**1** SMALL PORTION    **QAR 19.00**

**2** BIG PORTION        **QAR 23.00**





March 31, 2024 Sunday

## Daily Menu

### SOUP

**CREAM OF TOMATO SOUP** 98 calories \*soup for pre-order only  
(Tomato, Cream, tomato Paste, Vegetable Stock, Flour, Butter, Onion, Garlic )

**1** SMALL BOWL      **QAR 7.75**

**2** BIG BOWL          **QAR 14.00**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION    **QAR 20.00**

**2** BIG PORTION        **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO    **QAR 27.00**

### MAIN DISH

**BEEF WITH MUSHROOM SAUCE** 154 calories  
(Beef, Demi-Glace, Rosemary, Garlic, Onion, Cream, Olive Oil, Mushroom )

**MASHED POTATO** 229 calories  
(Beef, Demi-Glace, Rosemary, Garlic, Onion, Cream, Olive Oil, Mushroom )

**WHITE RICE** 100 calories

### SIDE DISH

**ROAST VEGETABLE** 40 calories  
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

### VEGETARIAN

**PUMPKIN CURRY** 84 calories  
(Pumpkin, Ginger, Garlic, Indian Spices, Onion, Tomato, Salt, Pepper )

### PASTA

**CHICKEN AND MUSHROOM SAUCE PASTA** 260 calories  
(Chicken, Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream )

**1** SMALL PORTION    **QAR 19.00**

**2** BIG PORTION        **QAR 23.00**

