



## December 3, Sunday

### Daily Menu

#### SOUP

**CREAM OF MANCHOW SOUP** 141 calories \*soup for pre-order only  
(Chicken, Capsicum, Cabbage, Carrot, Pasta, Soya Sauce, Garlic, Onion)

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL      **QAR 11.50**



#### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO      **QAR 27.00**

#### OPTION 1

**BEEF STEAK WITH MUSHROOM SAUCE** 154 calories  
(Beef, Demi-Glace, Rosemary, Garlic, Onion, Cream, Olive Oil, Mushroom)

**WHITE RICE** 100 calories

**MASHED POTATO** 229 calories  
(Potato, Butter, Milk, Salt, Sugar, Cream)

#### SIDE DISH

**ROAST VEGETABLE** 40 calories  
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

#### VEGETARIAN

**STIR FRY VEGETABLE** 46 calories  
(Carrot, Capsicum, Cabbage, Zucchini, Green Beans, Soya Sauce, Oyster Sauce )

#### PASTA

**CHERIE TOMATO SAUCE PASTA** 242 calories  
(Red Sauce, White Sauce Cherry Tomato, Oregano, Parsley, Salt, Pepper)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





**December 4, Monday**

## *Daily Menu*

### SOUP

**CREAM OF BROCCOLI SOUP** 50 calories \*soup for pre-order only  
(Broccoli, Butter, Fresh Cream, Garlic, Onion, Flour)

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL      **QAR 11.50**



### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO      **QAR 27.00**

### OPTION 1

**CHICKEN PARMIGIANA** 135 calories  
(Chicken, Cream, Red Sauce, Parmesan Cheese, Salt, Pepper, Onion, Garlic)

**WHITE RICE** 100 calories

### SIDE DISH

**STEAMED VEGETABLE** 40 calories  
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

### VEGETARIAN

**GRILLED VEGETABLE W/ MOZZARELLA** 46 calories  
(Capsicum, Marrow, Carrot, Indian Spices, Onion, Eggplant, Mozzarella, Cheddar Cheese, Parmesan Cheese)

### PASTA

**SPAGHETTI BOLOGNESE** 260 calories  
(Spaghetti, Mince Beef, Onion, Garlic, Celery, Carrot, Tomato Paste, Demi-Glace)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





**December 5, 2023 Tuesday**

## Daily Menu

### SOUP

**CREAM OF ASPARAGUS SOUP** 49 calories \*soup for pre-order only  
(Asparagus, Butter, Onion, Garlic, Celery, Cream, Corn Flour, Vegetable Stock)

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL          **QAR 11.50**



### BUFFET STYLE (MAIN COURSE)

### PASTA

**MEAT LASAGNA** 290 calories

(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

**PASTA WITH WHITE SAUCE W/ CHICKEN** 266 calories

(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

**PASTA WITH RED SAUCE W/ CHICKEN** 181 calories

(Penne Pasta, Tomato Sauce, Tomato Paste, Onion, Garlic, Celery, Leeks, Carrot, Vegetable Oil)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION          **QAR 23.00**



### SIDE DISH

**SAUTEED BROCCOLI AND CAULIFLOWER** 41 calories

(Broccoli, Cauliflower, Salt, Pepper)





December 6, 2023 Wednesday

## Daily Menu

### SOUP

**VEGETABLE SWEET CORN SOUP** 40 calories \*soup for pre-order only  
(Sweet Corn, Onion Spring, Carrots, Beans, Garlic, Salt, Pepper, Leeks)

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL      **QAR 11.50**



### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

**HOT FOOD AND VEGETARIAN COMBO      QAR 27.00**

**CHICKEN CASSEROLE** 117 calories

(Chicken, Tomato, Tomato Paste, Onion, Garlic, Cream, Mozzarella, Oregano, Basil)

**FISH IN DILL CREAMY SAUCE** 229 calories

(Fish, Onion, Garlic, Coriander Powder, Cumin Powder, Dill, Fresh Cream, Corn Oil, Butter, Flour)

**YELLOW RICE** 344 calories

(Rice, Onion, Turmeric Powder, Cinnamon Stick, Cardamom, Cloves, Salt, Oil)

### SIDE DISH

**ROAST VEGETABLE** 40 calories

(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

### VEGETARIAN

**CAULIFLOWER, CARROT CURRY** 84 calories

(Cauliflower, Carrot, Onion, Garlic, Cinnamon Stick, Cardamom, Cloves, Coriander, Cumin, Turmeric Powder)

### PASTA

**CHICKEN MUSHROOM SAUCE PASTA** 235 calories

(Chicken, Farfalle Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





December 7, 2023 Thursday

## Daily Menu

### SOUP

**CREAM OF TOMATO SOUP** 98 calories \*soup for pre-order only  
(Tomato, Cream, tomato Paste, Vegetable Stock, Flour, Butter, Onion, Garlic)

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL          **QAR 11.50**



### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION    **QAR 20.00**

**2** BIG PORTION        **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO    **QAR 27.00**

**CHICKEN BIRYANI** 173 calories  
(Chicken, Rice, Onion, Garlic, Biryani Masala, Tomato, Yoghurt, Garam Masala, Turmeric, Cumin, Coriander Powder)

### SIDE DISH

**STEAMED VEGETABLE** 40 calories  
(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)

### VEGETARIAN

**HERB AND GARLIC POTATO** 88 calories  
(Potato, Garlic, Butter, Herbs, Basil, Salt, Pepper)

### PASTA

**CREAMY BROCCOLI PASTA** 122 calories  
(Pasta, Butter, Milk, Cream, Onion, Garlic, Oregano, Broccoli)

**1** SMALL PORTION    **QAR 19.00**

**2** BIG PORTION        **QAR 23.00**







December 10, 2023 Sunday

## Daily Menu

### SOUP

**CREAMY SPINACH SOUP** 49 calories *\*soup for pre-order only*  
(Spinach, Cream, Salt, Pepper, Onion, Garlic, Butter, Flour, Vegetable Stock)

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL      **QAR 11.50**



### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**

HOT FOOD AND VEGETARIAN COMBO      **QAR 25.00**

### OPTION 1

**BEEF GOULASH** 105 calories  
(Beef, Honey, Tomato Paste, Potato, Carrot, Capsicum, Thyme, Cumin Powder, Cream)

### OPTION 2

**WHITE RICE** 100 calories

**MASHED POTATO** 229 calories  
(Potato, Butter, Milk, Salt, Sugar, Cream)

### SIDE DISH

**GRILLED VEGETABLE** 40 calories  
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

### VEGETARIAN

**SAUTEED CAULIFLOWER, BROCCOLI, CARROT** 41 calories  
(Broccoli, Cauliflower, Carrot, Salt, Pepper)

### PASTA

**CREAMY CHICKEN CARBONARA** 122 calories  
(Chicken, Butter, Milk, Cream, Onion, Garlic, Oregano, Salt, Pepper)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





December 11, 2023 Monday

## Daily Menu

### SOUP

**FRENCH ONION SOUP** 20 calories \*soup for pre-order only  
(Onion, Beef Stock, Soya Sauce, Salt, Garlic, Pepper, Ginger)

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL      **QAR 11.50**



### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO      **QAR 27.00**

### OPTION 1

**CHICKEN IN PEPPER SAUCE** 130 calories  
(Chicken, Onion, Garlic, BBQ Sauce, Tomato Ketchup)

**WHITE RICE** 100 calories

### SIDE DISH

**ROAST VEGETABLE** 40 calories  
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

### VEGETARIAN

**VEGETABLE TERIYAKI** 73 calories  
(Teriyaki Sauce, Capsicum, Carrot, Zucchini, Cauliflower, Broccoli, Soya Sauce, Oyster Sauce)

### PASTA

**CHICKEN PRIMAVERA PASTA SAUCE** 242 calories  
(Chicken, Onion, Garlic, Milk, Cream, Pasta, Carrot, Beans, Capsicum, Parmesan)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





**December 12, 2023 Tuesday**

## Daily Menu

### SOUP

**HOT N' SOUR SOUP** 72 calories \*soup for pre-order only  
(Cabbage, Leeks, Carrot, Lemon Grass, Soya Sauce )

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL          **QAR 11.50**



### BUFFET STYLE (MAIN COURSE)

### PASTA

**MEAT LASAGNA** 290 calories

(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

**PASTA WITH WHITE SAUCE W/ SAUSAGE** 266 calories

(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

**PASTA WITH RED SAUCE W/ SAUSAGE** 181 calories

(Penne Pasta, Tomato Sauce, Tomato Paste, Onion, Garlic, Celery, Leeks, Carrot, Vegetable Oil)

SMALL PORTION      **QAR 19.00**

BIG PORTION          **QAR 23.00**



### SIDE DISH

**STEAMED VEGETABLE** 40 calories

(Cauliflower, Broccoli, Marrow, Carrot, Salt, Pepper)







December 13, 2023 Wednesday

## Daily Menu

### SOUP

**AMERICAN CORN CHOWDER SOUP** 126 calories \*soup for pre-order only  
(Corn, Vegetable Stock, Cream, Milk, Butter, Flour, Celery, Salt, Pepper, Garlic, Onion)

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL          **QAR 11.50**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION    **QAR 20.00**

**2** BIG PORTION        **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO    **QAR 27.00**

### OPTION 1

**BEEF STEW** 134 calories  
(Beef, Potato, Onion, Garlic, Ginger, Celery, Bay Leaves, Tomato Paste Demi-Glace, Carrot)

### OPTION 2

**GRILLED FISH IN CAJUN SAUCE** 121 calories  
(Chicken, Lemon, Flour, Cajun Spice, Salt, Pepper)

**WHITE RICE** 100 calories

### SIDE DISH

**GRILLED VEGETABLE** 48 calories  
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

### VEGETARIAN

**PUMPKIN CURRY** 84 calories  
(Pumpkin, Ginger, Garlic, Indian Spices, Onion, Tomato, Salt, Pepper)

### PASTA

**CHICKEN PENNE ARABIATTA** 219 calories  
(Penne Pasta, Tomato Paste, Basil, Peeled Tomato, Parsley, Capsicum, Red Sauce, Chicken)

**1** SMALL PORTION    **QAR 19.00**

**2** BIG PORTION        **QAR 23.00**





December 14, 2023 Thursday

## Daily Menu

### SOUP

**MINESTRONE SOUP** 50 calories \*soup for pre-order only  
(Tomate Paste, Pasta, Carrot, Potato, Leeks, Celery, Onion, Cabbage)

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL      **QAR 11.50**



### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO      **QAR 27.00**

### OPTION 1

**BUTTER CHICKEN** 146 calories  
(Chicken, Butter, Garlic, Onion, Cream, Yoghurt, Honey)

**WHITE RICE** 100 calories

### SIDE DISH

**ROAST VEGETABLE** 40 calories  
(Potato, Sweet Potato, Pumpkin, Carrot, Capsicum, Olive oil, Salt, Pepper, Parsley)

### VEGETARIAN

**SAUTEED CAULIFLOWER & CARROT** 48 calories  
(Cauliflower, Carrot, Salt, Pepper)

### PASTA

**CHICKEN AND MUSHROOM PASTA** 235 calories  
(Chicken, Farfalle Pasta, Mushroom, Butter, Onion, Garlic, Milk, Cream)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**





**December 19, 2023 Tuesday**

## Daily Menu

### SOUP

**CREAM OF CHICKEN SOUP** 92 calories \*soup for pre-order only  
(Cream, Chicken, Chicken Stock, Salt, Pepper, Butter, Flour)

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL      **QAR 11.50**



### BUFFET STYLE (MAIN COURSE)

**MEAT LASAGNA** 290 calories

(Lasagna Sheet, Minced Beef, Cheddar Cheese, Mozzarella Cheese, Tomato Sauce, Celery)

**PASTA WITH WHITE SAUCE W/ GRILLED CHICKEN** 266 calories

(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

**PASTA WITH RED SAUCE W/ GRILLED CHICKEN** 181 calories

(Penne Pasta, Tomato Sauce, Tomato Paste, Onion, Garlic, Celery, Leeks, Carrot, Vegetable Oil)

SMALL PORTION      **QAR 19.00**

BIG PORTION      **QAR 23.00**



### SIDE DISH

**SAUTEED BROCCOLI, CAULIFLOWER** 40 calories  
(Broccoli, Cauliflower, Salt, Pepper)





December 20, 2023 Wednesday

## Daily Menu

### SOUP

**CREAM OF CARROT SOUP** 68 calories \*soup for pre-order only  
(Carrot, Butter, Onion, Garlic, Celery, Cream, Flour, Vegetable Stock)

**1** SMALL BOWL      **QAR 6.50**

**2** BIG BOWL      **QAR 11.50**

### BUFFET STYLE (MAIN COURSE)

**1** SMALL PORTION      **QAR 20.00**

**2** BIG PORTION      **QAR 24.00**

HOT FOOD AND VEGETARIAN COMBO      **QAR 27.00**

### OPTION 1

**CHICKEN TERIYAKI** 136 calories  
(Chicken, Teriyaki Sauce, Soy Sauce, Ginger, Onion, Garlic, Corn Flour, Salt, Pepper)

### OPTION 2

**HERB GRILLED FISH** 132 calories  
(Fish, Garlic, Oregano, Parsley, Salt, Pepper, Butter, Flour)

**CUMIN RICE** 329 calories  
(Rice, Onion, Cumin Seed)

### SIDE DISH

**GRILLED VEGETABLE** 48 calories  
(Capsicum, Eggplant, Carrot, Marrow, Onion, Oregano, Soya Sauce, Balsamic)

### VEGETARIAN

**LAYONNAISE POTATO** 73 calories  
(Potato, Onion, Bay Leaves, Vinegar, Parsley)

### PASTA

**PASTA WITH RED SAUCE** 185 calories  
(Pasta, Tomato Sauce, Celery, Leeks, Carrot, Salt, Pepper)

**PASTA WITH WHITE SAUCE** 266 calories  
(Pasta, Milk, Cream, Salt, Pepper, Butter, Flour, Oregano, Celery, Garlic, Onion, Parmesan)

**1** SMALL PORTION      **QAR 19.00**

**2** BIG PORTION      **QAR 23.00**

