



# Q.F.I. School MENU NOVEMBER 2022

Sunday 30th	Monday 31st	Tuesday 1st	Wednesday 2nd	Thursday 3rd
<b>SOUP</b>				
		Cream of Corn Soup	Cream of Tomato Soup	Cream of Corn Soup
<b>HOT FOOD STATION</b>				
		Beef Goulash	Grilled Fish with Mustard	Beef Stew
		White Rice	Chicken Permigiana	Chicken Fajita
		Mashed Potato	Yellow Rice	Tomato Rice
<b>VEGETARIAN STATION</b>				
		Vegetable Goulash	3 Bean Casserole	Egg plant Permigiana
		Steamed Vegetables	Grilled Vegetables	Steamed Vegetables
<b>PASTA STATION</b>				
		Mac N Cheese	Spaghetti	Penne
<b>PASTA SAUCE</b>				
			Bolognaise Sauce	Red Sauce
			White Sauce	White Sauce
Sunday 6th	Monday 7th	Tuesday 8th	Wednesday 9th	Thursday 10th
<b>SOUP</b>				
Thai Red Chicken Pumpkin Soup	Chicken Noodle Soup	Cream of Mushroom Soup	Hot N Sour Soup	Lentil Soup
<b>HOTFOOD STATION</b>				
Beef Bbq	Chicken Biryani	Honey Garlic Beef Bites	Fish in Gourmet Sauce	Steak Cube with Garlic and Butter
Carrot and Onion Rice		Garlic Rice	Chicken Cafreal	Butter n Peas Rice
Mashed Potato		Mashed Potatoes	Vegetable Pulao Rice	Mashed Potatoes
<b>VEGETARIAN STATION</b>				
Vegetable Korma	Vegetable Biryani	Chinese Vegetable Stir Fry	Teriyaki Vegetables	Egg Plant Permigiana
		Grilled Vegetables	Steamed Vegetables	Grilled Vegetables
<b>PASTA STATION</b>				
Penne	Spaghetti Oglio Olio	Spaghetti Marinara	Penne	Pasat
<b>PASTA SAUCE</b>				
Mixed Vegetable Sauce	Red Sauce	White Sauce	Pesto Sauce	Primevera Sauce

Red Sauce			Red Sauce	White Sauce
Sunday 13th	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th
<b>SOUP</b>				
French Onion Soup	Cream of Tomato Soup	Mexican Bean Soup	Cream Of Pumpkin Soup	Cream of Chicken Soup
<b>HOT FOOD STATION</b>				
Beef Cubes and Mushroom Gravy	Butter Chicken	Beef Stew	Fish in Dill Creamy Sauce	Chicken Fajita
White Rice	White Rice	White Rice	Chicken Casserole	Beef Stew
Mashed Potato		Mashed Potatoes	Corn Pepper Rice	Tomato Rice
<b>VEGETARIAN STATION</b>				
Vegetable Choupsey	Dal Fry	Thai Red Curry Vegetable	Potato Curry	Jacket Potato with Sour Cream
Grilled Vegetables	Steamed Vegetables	Grilled Vegetables	Steamed Vegetables	Grilled Vegetables
<b>PASTA STATION</b>				
Spaghetti	Penne	Penne	Spaghetti alla Puttanesca	Pasta
<b>PASTA SAUCE</b>				
Bolognese Sauce	Arabiatta Sauce	Alfredo Sauce	White Sauce	Chicken Carbonarra Sauce
White Sauce	White Sauce	Red Sauce		Red Sauce

Daileys(on a Daily Basis	price (QR)	Meals Prices QR	Small	Big
Panini with Roast Chicken	18.00	Soup	6.50	10.50
Panini with Turkey	19.00	Hot Food Combo & Vegetarian	20.00	26.50
Panini with Cheese	15.00	Hot Food Station	15.75	22.00
Panini with Roast Beef	19.00	Vegetarian Station	15.00	21.00
Panini with Vegetables	15.00	Pasta Station	15.00	21.00
Panini with Tuna	15.75			
Chicken Ceasar Wrap	12.75			
Chicken Shawarma	12.75			
Chicken Fajitas	17.00			
Bagel with Cheese Bagel	17.00			



